

MALAYSIAN NURSES ASSOCIATION BULLETIN



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PRESIDENT'S MESSAGE

Assalamualaikum and Salam Sejahtera to all members of Malaysian Nurses Association (MNA)

This is the second issue of our bulletin for this year. From May till August 2024, the Malaysian Nurses Association (MNA) was ever present in its quest to lead the nursing profession by organizing International Nurses Day. Every year, the International Council of Nurses chooses a theme for International Nurses Day, celebrated on 12 May, the birthday of Florence Nightingale. This year, the theme “Our Nurses Our Future: The Economic Power of Care” was held at Hotel Evelyn. This theme is a tribute to the incredible work of nurses and recognizes their pivotal role in shaping the future of healthcare.

The next important agenda on the calendar was The Global Partners Meeting (GPM) for Nursing and Midwifery (previously known as TRIAD meeting), hosted by WHO-ICM-ICN followed by the 77th World Health Assembly. Last but not least Malaysian Nurses Association successfully organized the 74th Annual General Meeting at Sabah International Convention Centre. Many more activities are published in this issue and I wish all of you.

HAPPY READING!
Thank you

Aisyahon Suhaimi
President
Malaysian Nurses Association



CHIEF EDITORS MESSAGE

Dear Readers

Warm greetings.

The bulletin serves as a crucial platform for the exchange of innovative ideas and the dissemination of the diverse activities undertaken by each branch. In this edition, we will highlight the numerous projects and engagements that MNA members actively participated in from May to August 2024, with a special focus on the celebration of International Nurses Day. The global theme for International Nurses Day 2024 was “Our Nurses Our Future: The Economic Power of Care” emphasizing a worldwide campaign outlining our aspirations for the future of nursing. Despite being the backbone of health care, nursing often faces financial constraints and societal undervaluation. IND 2024 aims to reshape perceptions, demonstrating how strategic investment in nursing can bring considerable economic and societal benefits.

Pamela Cipriano, the President of the International Council of Nurses (ICN), extends a message to nurses worldwide, emphasizing increasing their influence on policymakers, employers, and politicians so that everyone can benefit from the power of nurses and the economic returns that will ensue.

Additionally, the bulletin covers activities attended by key executive committee members, aiming to disseminate crucial information to a wider audience. A heartfelt appreciation goes out to all the members who contributed by crafting insightful and inspiring articles, as their valuable input is the cornerstone of this bulletin's existence.

Happy reading

‘Still loving what I do’

L. Yohgasundry Letchumanan

Vice President Education

Malaysian Nurses Association



INTERNATIONAL NURSES DAY CELEBRATION 2024 (IND)

DATE: 12 May 2024

VENUE: EVERLY HOTEL PUTRAJAYA

Nurses around the globe celebrated International Nurses' Day on Sunday, 12 May 2024, as they do every year on the anniversary of Florence Nightingale's birthday. The International Nurses Day celebration with the theme "Our Nurses Our Future" was held at The Everly Hotel Putrajaya. This theme is a tribute to the incredible work of nurses and recognizes their pivotal role in shaping the future of healthcare. About a thousand nurses gathered under one umbrella to celebrate this special day.

The event was officiated by charismatic Deputy Health Minister, YB Dato Lukanisman bin Awang Sauni. Also present were Deputy Secretary General of Health, YB Dato' Seri Norazman Ayob, Director General YB Datuk Dr Muhammad Radzi bin Abu Hassan, Director of Nursing, Puan Devi Saravana Muthu and Malaysian Nursing Association President, Dr. Aisyahton Suhaimi. In the opening address, the Deputy Health Minister thanked nurses for their hard work and dedication and for being the backbone of our healthcare system. DPM also wished all mothers "Happy Mother's Day".

In the afternoon educational seminar took place. The session was moderated by the Vice President (Education), Puan L. Yohgasundry Letchumanan. The Presenters were Puan Nurasyidah Pidek, Puan Wahida Daud, Puan Anida Elias and Puan Gurcharan Kaur Mahinder Singh. They are all branch chairman of MNA.

Opening Speech & Officiating By YB Dato Lukanisman bin Awang Sauni



Principal & Members of MNA With Guest of Honour

INTERNATIONAL NURSES DAY CELEBRATION 2024 (IND)

DATE: 12 May 2024

VENUE: EVERLY HOTEL PUTRAJAYA

KEYNOTE ADDRESS AND LAUNCHING
INTERNATIONAL NURSES DAY 2024

YB DATO LUKMAN BIK
AWA
UNI
DEPUTY
MINISTER

PRESENTATION OF THE TOKOH JURURAWAT AWARDS 2024

The Deputy Health Minister presented the Tokoh Jururawat Award 2024 to the recipients. Puan Sapiyah Abd Hadi, Puan S. Kalyani a/p R.Sangaran and Puan Catherine Pero received the service, community and education awards, respectively. Congratulation!.



Award Recipient: with Guest of Honour

ICN DELEGATION TO THE 77TH WORLD HEALTH ASSEMBLY

DATE : 24 May 2024
**VENUE: HYBRID / PALAIS DES
NATION, GENEVA.**

As a non-governmental organization in official relations with the WHO, ICN is permitted to attend meetings of the World Health Assembly (WHA) and to make statements during Committee discussions.

As the involvement of nurses in the discussions at WHA is critical, ICN hosts a delegation of nurses to the WHA. This year, the non-State actor delegations were limited as the Palais des Nations is still under construction. The ICN hosted both a small in-person delegation in Geneva and a virtual delegation. Delegates to the virtual delegation were ICN NNA and affiliate association representatives, GNLI alumni and scholars, and student and early career nurses. Malaysian Nurses Association delegates namely the President, Dr Aisyah binti Suhaimi, and Vice President, Pn Abidah Binti Yasin joined virtually.

On 24 May, ICN hosted a welcome meeting for delegates at which ICN President Dr Pamela Cipriano gave opening remarks; ICN Senior Policy Advisor Erica Burton presented the Delegate Pack and provided important information for delegates to support their participation in the virtual delegation; ICN Policy Advisor Hoi Shan Fokeladeh gave an overview of ICN statements and procedures for delivering statements; and ICN CEO Howard Catton described important events and meetings taking place throughout the week as well as important tips to get the most out of the WHA experience. This year's interventions put ICN on the record addressing many critical issues. Members can assess the ICN website for the detailed report prepared by Ms. Erica Burton, senior policy advisor, nursing & health policy.



THE 10TH GLOBAL PARTNERS MEETING (ICN-ICM-WHO TRIAD) MEETING

DATE: 23 –24 May 2024

VENUE: hybrid: MERCURE GENEVA

AIRPORT HOTEL, GENEVA, SWITZERLAND AND ONLINE

The 10th Global Partners Meeting on Nursing & Midwifery was formerly known as the biennial Triad meeting hosted by ICN, the International Confederation of Midwives, and the World Health Organization, just prior to the World Health Assembly, to discuss emerging global challenges faced by nurses and midwives and new priorities to strengthen nursing and midwifery towards common goals, particularly Universal Health Coverage (UHC). Dr Aisyahton joined the meeting as one of the delegates.

Leaders of the previous "Triad" decided in the middle of 2023 to expand membership to include important partners in the areas of regulation, migration, research, leadership, and nursing and midwifery education. This development also recognizes the wide and growing spectrum of nurses who assist in achieving their health goals, and it underscores WHO's duty as the world's directing and coordinating authority on international health activity.

The Objectives are:

1. To improve nurse and midwifery leadership in the framework of the surrounding health workforce, health systems, and global health priorities at the national, regional, and worldwide levels.
2. To assess the status of the Global Strategies direction for nursing and midwifery 2021–2025 and expedite its implementation.
3. To increase participation in and data reporting ability for the next State of the World's Midwifery report and the State of the World's Nursing 2025 study.

74th ANNUAL GENERAL MEETING (AGM) AND NURSING SEMINAR

DATE : 8–9 JUNE 2024

VENUE : SABAH INTERNATIONAL CONVENTION CENTRE

The 74th Malaysian Nurses Association (MNA) AGM was held at the Sabah International Convention Centre from 8th to 9th June 2024. It's also the first experience for the MNA Sabah Branch to co-host this event. About 1300 members of MNA from various states of Malaysia came to give their support. It kickstarted with the gala dinner and the theme was "Traditional Contemporary". It is also a platform for networking for leaders and a session of 'lost and found'. Many colleagues managed to find their lost contact from training. Various other activities were arranged to facilitate the audience to engage in professional discussion related to nursing. At the same time, update the members on activities scheduled by the association throughout the present year.

The keynote address "Empowering Resilience: Strategies for Nurturing Mental Well-Being" was given by the Director of Nursing, Puan Devi Saravana Muthu. Followed by the nursing seminar with the theme "Nurturing Mind: Inspiring Mental Health". Speakers were Carrie Grace Jaymess, Psychology Officer and President MNA, Dr Aisyahton Suhaimi. They gave their views on the topic 'Promoting Positive Mental Health: Self-Care Practice for Mental Well-Being' and "Hospital Kuala Lumpur Mental Health Support System: Professional Help & Therapy". Young nurses were enlightened about their roles and responsibilities as leaders. Puan L. Yohgasundary Letchumanan Vice President of Education moderated the seminar session. The question-and-answer session was overwhelming for both sessions.

Business sessions were taken charge of by the President' Opening speech and continued with the presentation of reports from the Honorary General Secretary and the Honorary General Treasurer. The election was due for the post of President and Honourable General Treasurer. This time had a twist from previous years, balloting was done physically and it ran smoothly. Both Dr Aisyahton Suhaimi and Puan Hanimah Samsudin retained their post as President and Honourable General Treasurer.

Finally, the most active MNA branch that fulfil all tabulated criteria was announced. This year the award was topped Pahang Branch. Followed by Perak and third place went to the Selangor and Sarawak branch. UMMC Branch stands as the fifth branch. The consolation prize went to Wilayah Persekutuan, Penang, HUSM and Melaka Branch. Congratulation!

74th ANNUAL GENERAL MEETING (AGM) AND NURSING SEMINAR

DATE : 8-9 JUNE 2024

VENUE : SABAH INTERNATIONAL CONVENTION CENTRE



MNA collaboration program: DLP Webinar for Nurses 2024

DATE: 25 May 2024

VENUE: Le Meridien Hotel Kuala Lumpur

This event was the first-ever Diabetes Lifestyle Programme (DLP) webinar tailored for nurses and diabetes nurse educators. DLP is an expert-driven, comprehensive lifestyle change program, formed by a coalition of six leading medical and allied health professional bodies in Malaysia. These include the Malaysian Endocrine and Metabolic Society (MEMS), the Malaysian Dietitians' Association (MDA), the Academy of Family Physicians of Malaysia (AFPM), The Malaysian Family Medicine Specialists' Association (FMSA), the Malaysian Medical Association (MMA), and of course, the Malaysian Diabetes Educators Society (MDES).

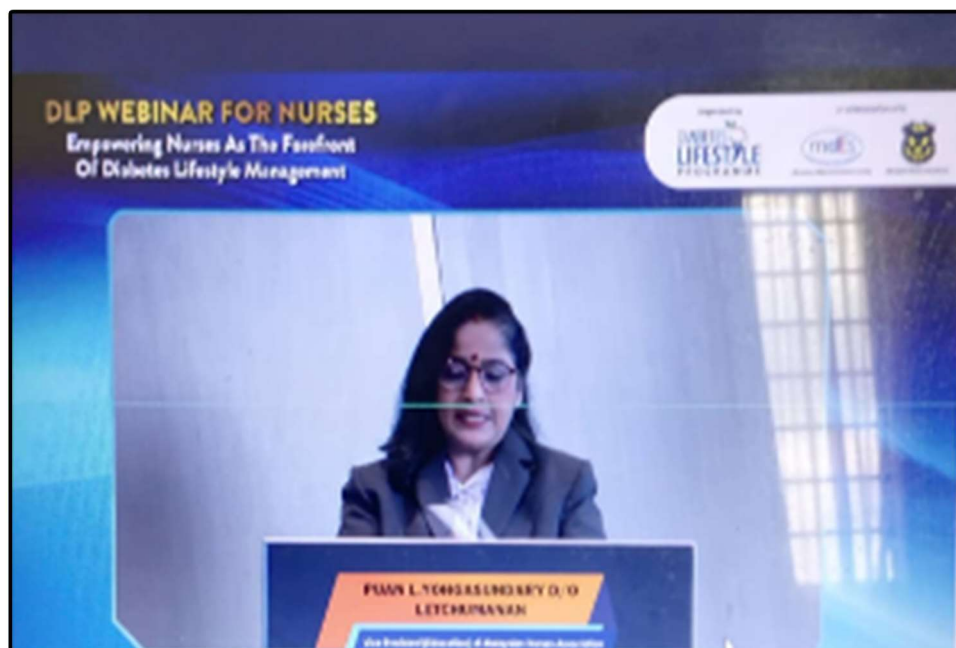
The program aimed to promote lifestyle changes as part of holistic diabetes management towards improving the well-being of patients with diabetes and reducing the burden of uncontrolled diabetes management in the country. One of the most important activities of the program is to conduct training such as this webinar, to educate and cultivate healthcare professionals as advocates for holistic diabetes management through behavioural change and healthy lifestyle practices. Thus, the Malaysian Nurses Association (MNA) partnered with MDES to jointly arrange a DLP webinar for nurses and Diabetes Nurse Educators. The theme was 'Empowering Nurses as the Forefront of Diabetes Lifestyle Management' and the chairperson was Puan L. Yohgasundry Letchumanan, Vice President MNA.

Many exciting topics were covered by distinguished speakers such as Datuk Dr. Zanariah Hussein on "Exploring the Long-Term Impact of Lifestyle Change in Diabetes Management", Prof Barakatun Nisak on 'Healthy Eating for Diabetes: Facts & Myths'. Followed by Dr. Devamalar Selvi Naicker on 'Practical Physical Activity Tips for People with Diabetes', Dr. Jamilah Hanum, who is a member of the DLP expert panel, talked about the "Challenges of Diabetes Lifestyle in Daily Living, Dr. Tan Ming Yeong, "Measuring My Effort: Self-Monitoring Blood Glucose' and a few more. Q & A were very interactive and lots of positive feedback was obtained from the online participants. The closing ceremony was done by Dr Aisyahton Suhaimi, MNA President.

MNA collaboration program: DLP Webinar for Nurses 2024

DATE: 25 May 2024

VENUE: Le Meridien Hotel Kuala Lumpur



MNA Perak Branch

Educational Program: Seminar Motivasi Media Sosial
VS psikologi Remaja & Solusi Kewangan
Date: 16 May 2024 (8-5ptg)

Pada 16hb Mei 2024, Persatuan Jururawat Malaysia Cawangan Perak telah mengadakan “Seminar Motivasi : Media Sosial VS Psikologi Remaja”. Penceramah adalah En Airol Irwan Limin yang merupakan Perunding Motivasi dan Pengasas Program Perisai untuk Wanita dan Puteri serta ceramah kedua ‘Solusi Kewangan’ oleh pegawai dari Bank Islam. Dihadiri oleh seramai 211 jururawat dari Negeri Perak. Ceramah motivasi yang disampaikan oleh En Airol Irwan Limin, media ‘Sosial Vs Psikologi Remaja’, adalah amat sesuai untuk ibubapa generasi yang terdedah dengan teknologi canggih.

Walaupun media sosial ini membantu remaja dalam perhubungan dengan keluarga dan masyarakat serta memudahkan akses kepada maklumat global tanpa sempadan. Namun ia boleh mendatangkan mudarat kepada remaja jika ia tidak dikawal atau dipantau oleh ibubapa. Aplikasi yang terdapat dalam play store di dalam talipon bimbit mudah diakses oleh remaja. Terdapat juga aplikasi yang meminta wang secara tidak langsung dari anak-anak remaja ini. Ini meyebabkan remaja tertekan kerana perlu fikir bagaimana untuk mendapatkan wang. Media sosial ini juga memberi impak kepada kesihatan mental remaja. Ibubapa didedahkan dengan cara bagaimana untuk memantau aktiviti remaja dalam talipon bimbit dan cara menyekat aplikasi yang tidak sepatutnya.

Pegawai dari Bank Islam pula memberi ceramah tentang “solusi kewangan”. Peserta didedahkan tentang cara-cara scammer melalui perbualan di talipon secara mudah mengeluarkan duit dari akaun mangsa. Penceramah menekankan perlu berhati-hati dan berwaspada sekiranya menerima panggilan yang mencurigakan. Perlu melaporkan kes-kes sedemikian dan jangan bertindak sendirian.

Semua peserta berpuashati dengan ceramah yang diberi dan memberi maklumbalas yang positif.

MNA Perak Branch

Educational Program: Seminar Motivasi Media Sosial
VS psikologi Remaja & Solusi Kewangan
Date: 16 May 2024 (8-5ptg)

Sesi
Bergambar
Dengan
Penceramah
En Airol Irwan
Limin



Sesi Bergambar
Dengan Pegawai
Bank Islam Dan
Peserta



MNA Pahang Branch

Program Pendidikan: Seminar Keterampilan Jururawat
Dan Etiket Sosial (Protokol)

Tarikh: 18 Mei 2024

Seminar keterampilan jururawat dan etiket sosial berkaitan protokol telah di anjurkan oleh MNA cawangan Pahang pada 18 Mei 2024 bertempat di Auditorium Kuliyah of Nursing, IIUM, Kuantan Pahang. Objektif seminar adalah untuk meningkatkan pengetahuan dalam keterampilan diri dan etiket sosial sebagai seorang professional. Keseluruhan peserta yang hadir adalah seramai 206 orang dengan bayaran sebanyak RM10.00 seorang.



AJK MNA Pahang

Peserta yang terlibat



MNA Pahang Branch

Program Pendidikan: Seminar Keterampilan Jururawat
Dan Etiket Sosial (Protokol)

Tarikh: 18 Mei 2024

Program diserikan dengan ceramah oleh Dr Nurul Ain binti Ahayalimudin dengan tajuk Medicol Legal of Nursing. Secara keseluruhan, ceramah medico legal memberi jururawat kefahaman yang jelas, memberi motivasi melakukan kerja mengikut standard yang ditetapkan. Seterusnya ceramah yang berkaitan dengan Etiket Sosial, Protokol serta demonstrasi penggayaan bahasa yang disampaikan oleh pihak Karisma Enterprise. Kesemua peserta seminar memberi maklumbalas positif terhadap seminar yang telah dihadiri ini. Semua AJK MNA cawangan Pahang hadir dalam menjayakan program ini.



Penceramah

MNA Melaka Branch

Educational Program:

'Our Nurses Our Future: The Economic Power of Care'

Date: 29 May 2024



Majlis Sambutan Hari Jururawat Peringkat Negeri Melaka diadakan pada 29 hb Mei 2024 di Hotel Swiss Garden, Melaka. Majlis ini adalah kolaborasi antara Unit Kejururawatan Jabatan Kesihatan Negeri Melaka dan Persatuan Jururawat Malaysia Cawangan Melaka. Majlis bermula jam 8.00 pagi dan berakhir jam 5.00 petang. Program bermula dengan ceramah oleh Ketua Penolong Pengarah Kejururawatan, Puan Rohaya Binti Ramsi dari Bahagian Kejururawatan, Kementerian Kesihatan Malaysia dengan tajuk Our Nurses Our Future : The Economic Power of Care iaitu tema Hari Jururawat bagi tahun ini. Penceramah kedua Encik Mohd Fadhly bin Hasbulah yang lebih dikenali dengan nama "Ustaz Manis" memberi ceramah berbentuk motivasi kepada jururawat . Tajuk ceramah beliau adalah Jururawat Siber dan Cabarannya.



Majlis perasmian bermula jam 2.00 petang dengan didahului ucapan aluan oleh Ketua Penyelia Jururawat Negeri Melaka. Seterusnya Majlis Sambutan Hari Jururawat dirasmikan oleh Pengarah Kesihatan Negeri Melaka, Dr.Ruzita binti Mustaffa. Pelbagai persembahan diadakan oleh jururawat-jururawat untuk memeriahkan lagi majlis sambutan Hari Jururawat.

MNA HUSM Branch

Educational Program:
Seminar Ensuring Health and Safety in Nursing
Date: 5 June 2024

A seminar entitled 'Ensuring Health and Safety in Nursing' was held on 5 Jun 2024 at Auditorium Blok Pentadbiran, Hospital USM. The seminar aimed to address the critical aspects of health and safety for nurses, providing them with the knowledge, skills, and resources necessary to maintain a safe and healthy work environment. The objective of the seminar was to increase awareness of the physical, chemical, biological, and psychological hazards in the nursing profession and to provide comprehensive information on the latest safety standards and practices. Topics that were presented were Current Health Awareness of Nurses, Psychological Health and Validity among Nurses, Ergonomics and Workplace Safety among Nurses, and Occupational Health and Safety from an Islamic perspective. The seminar successfully met its objectives, providing valuable education, practical skills, and support to nurses. By continuing to focus on health and safety, healthcare organizations can ensure a safer, healthier, and more resilient nursing workforce, ultimately leading to better patient care and outcomes.



Participants with the committee members

MNA Penang Branch

Educational Program:
The Irreplaceable Pillar of Healthcare
Date: 20 July 2024

The Nursing Seminar 2024, themed "Our Nurses: The Irreplaceable Pillar of Healthcare", brought together 160 participants, including active and retired nurses from the public and private sectors. The seminar aimed to enhance knowledge and awareness among nurses, empowering them to excel in their critical roles within the healthcare system. The objective of the seminar was to provide nurses with insights into current healthcare advancements and best practices. In addition to fostering professional growth by engaging with expert speakers and emphasizing the vital role of nurses as the backbone of the healthcare system.

The selection of lecture topics and speakers are from among scholars who are very synonymous with nurses in the state of Penang. Among them were YBrs. Dr. Fazilah Binti Shaik Allaudin, Penang State Health Director, with the topic 'The Transformational Role of Nurses in Public Healthcare'. Followed by the topic 'Innovations in Nursing Education and Simulation-Based Training' by Ms. Farah Nadiyah, CEO of AHCoE Healthcare Simulation Centre. Dr. Farique Rizal Bin Abdul Hamid, Penang State Deputy Director Medical), presented on 'Enhancing Patient Care Through Collaborative Healthcare Practices'.



Participants

MNA Penang Branch

Educational Program:
The Irreplaceable Pillar of Healthcare
Date: 20 July 2024

Puan Gursharan Kaur Mahinder Singh, Chairman of MNA Penang Branch delivered the topic 'Leadership in Nursing: Inspiring Change and Advocacy' and finally Dr. Mary Quah Chai Ha, Board of Directors AHCoE Healthcare Simulation Centre, spoke on 'Integrating Technology and Compassion in Modern Nursing Practices'.

The success of this seminar was made possible by the dedication and efforts of the organizing committee and the enthusiastic participation of nurses from various sectors. Special appreciation is extended to the speakers for their valuable insights and to all attendees, including public, private, and retired nurses, who contributed to making this event a meaningful and impactful learning experience



Speakers with MNA Committee Member

MNA UKM Branch

Educational Program:
Kanser Serviks : Cegah Sebelum Parah
Date: 3 Ogos 2024

Webinar Kejururawatan ini telah diadakan pada 3 Ogos 2024 dengan tajuk Kanser Serviks: Cegah sebelum Parah dari Bilik Telesidang. Program ini telah dianjurkan oleh Persatuan Jururawat Malaysia cawangan UKM. Webinar telah dimulakan pada pukul 8.00 pagi. Seramai 50 orang peserta termasuk peserta dalaman dan juga peserta luar yang terdiri dari ahli dan bukan ahli MNA yang telah memberi sokongan.



**WEBINAR
KANSER SERVIK**
Cegah Sebelum Parah!!!

3 OGOS 2024
8.00 pagi - 1.00 petang

HUBUNGI:
Puan Fauziah : 017-6368085
KJ Rosmiza : 013-6235800

7600949060 (CIMB BANK BERHAD)
Persatuan Jururawat Malaysia PPUKM
Ahli MNA: RM30
Bukan Ahli MNA : RM50

Scan untuk Daftar

<https://tinyurl.com/Ca-Webinar-3-Ogos>

**KANSER SERVIK:
APA YANG
ANDA PERLU TAHU??**

Dr Phon Su Ee
Pakar Perunding Obstetrik &
Ginekologi
HCTM & UKMSC

**JAGAWATAN SELEPAS
PEMBEDAHAN TANDIS**

Puan Zalela Mat Isa
Eks Kejururawatan
Disiplin O&G
Jabatan Perkhidmatan Kejururawatan
HCTM



MNA UKM Branch

Educational Program:
Kanser Serviks : Cegah Sebelum Parah
Date: 3 Ogos 2024

Program ini dimulakan dengan kata-kata aluan dari Pengerusi MNA cawangan UKM, Puan Roslizaton Che Mamat. Dr Phan Su Ee telah memberi ceramah bertajuk "Kanser Serviks: Apa yang anda perlu tahu?". Beliau merupakan Pakar Perunding Obstetrik & Ginekologi Hospital Canselor Tuanku Muhriz (HCTM). Beliau berkongsi berkaitan dengan tanda – tanda awal, punca dan cara rawatan bagi kanser serviks. Tajuk yang kedua disampaikan oleh Puan Zalela Mat Isa. Beliau merupakan Eksekutif Kejururawatan Bahagian Obstetrik dan Ginekologi HCTM. Tajuk yang telah dikongsi oleh beliau adalah "Jaga rawatan Selepas Pembedahan TAHBSO". Banyak pengetahuan dan amalan yang peserta dapat dari webinar ini khususnya dalam pengetahuan mengenai kanser serviks. Program ini telah mendapat maklumbalas yang sangat baik dari semua peserta dan telah banyak memberi informasi yang berfaedah kepada semua peserta. Webinar ini telah berakhir pada pukul 1.00 petang dengan jayanya.



MNA Selangor Branch

Program Komuniti: Program Derma Darah 2024
Tarikh: 10 May 2024

Satu Program kerjasama antara Jawatankuasa Penyelia Jururawat & Ketua Jururawat Hospital Tengku Ampuan Rahimah 2024 dan Persatuan Jururawat Malaysia Cawangan Selangor telah diadakan. Program menderma darah diadakan untuk meningkatkan kesedaran tentang kebaikan menderma darah, menanam sifat keprihatinan terhadap penderitaan insan yang memerlukan serta mengamalkan gaya hidup sihat.



MNA Selangor Branch

Program Komuniti: Program Derma Darah 2024
Tarikh: 10 May 2024

Aktiviti ini telah dijalankan di Bilik Tabung Darah yang berlangsung pada 10 Mei 2024 pada jam 9am – 4pm. Seramai 60 peserta telah mengambil bahagian dalam aktiviti tersebut tetapi hanya seramai 38 orang telah berjaya untuk menderma darah. Peserta adalah terdiri dari jururawat dari pelbagai kategori serta orang awam.

Aktiviti Derma darah telah berjalan dengan lancar dan mendapat perhatian daripada semua pihak. Kerjasama daripada Pihak Tabung Darah, HTAR juga telah diterima dimana seramai 10 orang kakitangan telah terlibat sama dalam menjayakan aktiviti pendermaan darah.



MNA Sarawak Branch

Community Program: Sarawak Cheshire Home
Date: 15 June 2024

On the 15th of June 2024, twelve members from the MNA Sarawak Branch visited the Sarawak Cheshire Home for a community service initiative. The members were given a brief overview of the home's history and the services it provides. Established in 1996, the Sarawak Cheshire Home was initiated by the royal army to cater to individuals with disabilities, starting as young as 17 years old. Currently, the home accommodates 62 residents, with 31 male and 31 female. The home also provides daycare for an individual. Among the residents, a few are wheelchair-bound, while others are bedridden. The facility is staffed by one trained nurse and several caregivers.



MNA Sarawak Branch

Community Program: Sarawak Cheshire Home
Date: 15 June 2024

The primary objectives of the Sarawak Cheshire Home are to offer residential care, general nursing care, medical attention, training, guidance, and rehabilitation for persons with disabilities and those who are chronically ill with limited means and resources, regardless of sex, race, or creed. To gain entry to the Sarawak Cheshire Home, applicants must fill out an entry form. Their application will then be screened, followed by a home assessment or visit conducted by a staff member from the home. The Sarawak Cheshire Home is an NGO with similar facilities located in Peninsular Malaysia, Sabah, and Brunei. During their visit, the MNA Sarawak Branch donated electrical equipment, such as wall fans, and several packs of diapers. The group also participated in a collective cleaning effort of the main hall. Due to precautionary measures aimed at preventing the spread of COVID-19, the members were not permitted to interact closely with the residents of the Sarawak Cheshire Home.



Photos during Community Service at Sarawak Cheshire Home

MNA UMMC Branch

Community Program: Sentuhan Kasih Santuni Gelandangan
Date: 26 July 2024

A total of 19 members and 5 non-members from the Malaysian Nurses Association (MNA) University Malaya Medical Centre (UMMC) Branch participated in a community service activity aimed at caring for the homeless. The activity was conducted at Chow Kit Road, Kuala Lumpur, a well-known and strategic location for such initiatives, as it has long been a focal area for the homeless population. The plight of the homeless should not be dismissed or viewed solely through a negative lens. Many of them work tirelessly to sustain themselves despite living on the streets. Their circumstances are a reflection of misfortune, not lack of effort.



Pre event – Preparation

MNA UMMC Branch

Community Program: Sentuhan Kasih Santuni Gelandangan
Date: 26 July 2024

The MNA UMMC Branch was moved to extend support to this underserved community. Donations of used clothing, contributed by members, were distributed to those in need. The event began at 9 pm and concluded at 11 pm. In addition to distributing clothing, members engaged with the children present, many of whom were there with their parents. It was heartbreaking to see young children running barefoot, highlighting the urgent need for support and resources. This initiative not only fostered a sense of compassion and responsibility among participants but also enhanced their communication skills in interacting with the homeless. More importantly, it served as a source of moral support, inspiring hope and motivation for the homeless to strive for a better future.



Members in Action with the Homeless

MNA Johor Branch

Recreational Program: Futsal Competition
Date: 29 June 2024

Hospital Sultanah Nora Ismail in collaboration with MNA Johor successfully hosted the state-level Futsal Competition in conjunction with Nurses Day 2024. The tournament took place at Gelanggang Futsal Pura Kencana, Batu Pahat Johor. The objective of the event was to strengthen the relationship among nurses across Johor and to enhance the quality of teamwork. This tournament aims to reduce daily work-related stress and foster friendship among the nursing community. Hospitals across Johor participated by sending male and female nurse teams to compete in this exciting tournament.



Flyers of the tournament



Female Category Team HSAJB
(1st runner up)

MNA Johor Branch

Recreational Program: Futsal Competition
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KPJN Noreza
and team

About 150 participants took part in this futsal. The event featured the Chief Nurse Supervisor Cup (KPJN) as the main prize. Chief Nurse Supervisor, Madam Noreza Jemain, and other nurse supervisors added to the festive atmosphere by showing their support for the players. Madam Noreza Jemain personally presented the desired round cup to the winners. Winners of the Male Category were Hospital Sultanah Aminah for both first and second runner-up. Third place went to the Hospital Segamat team. Meanwhile, winners for the Female Category were also the Hospital Sultanah Aminah team for the first prize. Second place went to Hospital Segamat and third was taken home by the Hospital Pakar Sultanah Fatimah Muar team. The event not only showcased athleticism but also reinforced bonds among healthcare professionals in Johor, making it a memorable celebration of Nurses Day



1st Men Category Team HSAJB

MNA IJN Branch

Educational Visit: Bactiguard's Factory Penang
Date: 9 -10 August 2024

On the 9th and 10th of August 2024, the MNA IJN branch organized a memorable trip to Penang with 23 participants. The trip featured a mix of professional and recreational activities. It included visits to the Bactiguard factory, the Down Syndrome Association, and a scenic excursion to Penang Hill. The first stop was at Bactiguard, where participants were introduced to state-of-the-art technology used in their medical manufacturing processes. We observed the production lines for key products such as Hydrocyn Aqua, surgical threads, and various medical devices. We witnessed Bactiguard's patented coating technology is designed to reduce infection risks in medical environments. The experience offered valuable insights to MNA members.



At Bactiguard factory

MNA IJN Branch

Educational Visit: Bactiguard's Factory Penang
Date: 9 -10 August 2024

Next, the group visited the Persatuan Down Syndrome Penang. Here, participants could engage with the dedicated team supporting individuals with Down syndrome. MNA members participated in interactive activities with the centre's participants, such as completing jigsaw puzzles and playing games, fostering empathy and connection. The trip concluded with a visit to Penang Hill. Participants enjoyed a funicular train ride up the hill, a unique experience offering stunning views of Penang from the top. It was a perfect way to end the day, with time to appreciate the island's natural beauty. This trip was more than just sightseeing—it was a chance for MNA members to strengthen bonds outside the workplace, boosting morale, fostering teamwork, and creating lasting memories.



With residents of
Persatuan down
Syndrome Penang



Penang Hill

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