



MNA Bulletin

THE OFFICIAL PUBLICATION OF MALAYSIAN NURSES ASSOCIATION

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PRESIDENT'S MESSAGE



Assalamualaikum and Salam Sejahtera to all members of Malaysian Nurses Association (MNA)

2020 a remarkable year as WHO has declared 2020 as the Year for Nurses and Midwife. Indeed it

is the year for nurses and midwife. The whole world were hit hard by COVID-19 pandemic. Malaysia too not spared. NURSES' YOU ARE OUR HERO. No words can express the world's gratitude to all of you serving the people around day and night forgoing your own family and pleasure. WE STAY HOME AND YOU STAY AT WORK! Malaysian Nurses Association salute's to all frontlines' for your dedication and hard work.

Malaysia Nurses Association too followed the government's guidelines and SOP to ensure the safety of its members. Therefore the usual activities carried out by MNA branches were minimized. Thus for 2020 only one issue of bulletin were produced. MNA also had to cancel the scheduled meeting of 21st AFFF and 17th AANA in our homeland Kuala Lumpur tentatively on 16th to 18th November 2020 as the borders were closed for travelers.

In this bulletin MNA able to share some important international meeting outcomes. Such as; Commonwealth Nurses and Midwives Federation (CNMF) was very fortunate to be able to host

the Biennial Meeting and Conference on 5th to 7th March 2020 in London, United Kingdom before the lockdown. The Honorary General Secretary, Pn Fatimah Alias and myself were among the delegates. Triad Meeting- International Council Of Nurses (ICN) - International Confederation of Midwives (ICM) And World Health Organization (WHO) were held virtually from 16th to 18th June 2020. The State of the World's Nursing Report on current COVID-19 outbreak by the World Health Organisation, the International Council of Nurses and Nursing Now has revealed the contribution of the nursing workforce are essential. Kelantan branch members with collaboration of NGO prepared PPE for the nurses. There are many more activates written for your reading.

We have become IT savvy during this pandemic. Google meet, webinar, zoom and many more platform were used to reach out the members and keep connected. MNA would like to extend appreciation to everyone who has made us to sit back and reflect what life is all about. We were in complete LOCKDOWN. New norms had to be adhered. MCO, CMCO and RMCO has become part and parcel of our life.

#STAYSAFE and wishing all of you a prosperous New Year 2021!

Thank you

Sharipah Asiah Syed Junid Aljunid

MESSAGE FROM CHIEF EDITOR



Dear Readers Bulletin is back with the 2020 edition despite the ongoing battle with COVID-19. Regardless of the restrictions due to COVID-19, in our efforts to motivate and encourage members,

activities were carried out by branches following the strict SOP imposed by the government. Pandemic COVID-19 have instilled the mindset of reaching out to community. "Deeds not words" proves it all. In this edition, viewers will be able to read the contribution done by various branches thru out 2020.

We would like to take this opportunity to thank all nurses and health professionals across the country for your noble duty during this pandemic. #youarehero.

As all of you know e-bulletin is easily accessible online via <https://mna.org.my> with the limited printed version following soon.

#staysafe#stayblessed

Happy reading

Still loving what I do'

L. Yohgasundary Letchumanan

SUCCESSFUL 24TH CNMF BIENNIAL MEETING 2020

5 MARCH 2020 LONDON UK

CELEBRATE: NURSES AND MIDWIVES: BREAKING DOWN BARRIERS, LEAVING NO-ONE BEHIND 2020: A YEAR OF CELEBRATION FOR NURSING AND MIDWIFERY



Commonwealth Nurses and Midwives Federation (CNMF) was very fortunate to be able to host the Biennial Meeting and Conference on 5th to 7th March 2020 in London, United Kingdom before the lockdown due to COVID-19. Pn Sharipah Asiah Syed Junid AlJunid, President of Malaysian Nurses Association (MNA) and Honorary General Secretary, Pn Fatimah Alias were among the delegates.

The meeting was held on 5th March at Royal College of Nursing, 20 Cavendish Square, London, United Kingdom. The CNMF Biennial Meeting sets the directions for the CNMF for the next two years and makes important decisions about the constitution and policy. The meeting started at 8.30am with an opening and welcoming remark by Professor Kathleen McCourt, President, CNMF and Dame Donna Kinnair, Chief Executive Officer and General Secretary, Royal College of Nursing. The business session was then took place with presentation of CNMF Board members reports, constitutional changes reports followed by endorsement of policy statements and policy discussion.

- Policy statement on continuing professional development
- Policy statement on the relationship between nursing and midwifery
- Policy discussion: The climate crisis, international recruitment of nurses and midwives and gender equity



*Professor Kathleen McCourt,
President, CNMF*

A group work led by CNMF Regional Board members on regional planning 2020-2022 took place shortly after refreshment. Malaysia is under the Asia Regional together with Bangladesh, Brunei Darussalam, India, Pakistan, Singapore and Sri Lanka. The 24th Biennial Meeting was brought to an end after the closing comments from delegates at 1730 hour. All delegates were then invited to attend farewell reception for Ms Jill Lliffe, Executive Secretary of CNMF. She will resign her office in 2020.



Biennial Meeting is in progress



*Farewell reception to Ms Jill Lliffe, Executive
Secretary of CNMF*



CNMF Board members

5TH COMMONWEALTH NURSES AND MIDWIVES CONFERENCE

6 - 7 MARCH 2020 LONDON UK

Pn Sharipah Asiah Syed Junid AlJunid and Pn Fatimah Alias attended the 5th Commonwealth Nurses and Midwives (CNM) Conference on 6th to 7th March 2020. The conference was a great success. One hundred and forty presenters from every region of the Commonwealth (35 different countries) presented their papers and posters to almost 350 delegates. Thus, these are evidence how individual nurses and midwives, or nursing and midwifery groups, associations or institutions, contributing to global health and wellbeing across the lifespan in all settings.

Three symposia were also conducted: Strengths Based Nursing and Healthcare by McGill University, Year of the Nurse and the Midwife from Nursing Now and Skills Development in Nursing and Midwifery using Digital Technologies from the International Institute of Health Sciences Sri Lanka.

The conference was opened by the Commonwealth Secretary General, the Rt Hon Patricia Scotland QC. Welcoming greetings were given by Ms Elizabeth Iro, Chief Nursing Officer, World Health Organisation, Lord Nigel Crisp, Co-Chair of the Nursing Now campaign and Mr Howard Catton, Chief Executive Officer of the International Council of Nurses. The conference was a great opportunity for nurses and midwives across the Commonwealth to come together to share and learn from each other, make friends, and establish strong and supportive networks. Members can assess the presentations, programs, and the Book of Abstracts on the CNMF website <https://www.commonwealthnurses.org>.



*World Health Organisation; Lord Nigel Crisp,
Co-Chair of the Nursing Now campaign*



*Commonwealth Secretary General, the Rt Hon
Patricia Scotland QC.*



*Mr Howard Catton, Chief Executive Officer of
the International Council of Nurses.*

VIRTUAL ICN COUNCIL OF NATIONAL NURSING ASSOCIATION REPRESENTATIVES (CNR) MEETING: 19 JUNE 2020

A virtual Council of National Nursing Association Representatives (CNR) Meeting was held on 19th June 2020 soon after the triad meeting on the 16th to 18th June 2020. The ICN President, Ms. Annette Kennedy welcomed and thanked all delegates for their present in a new norm meeting.

This year discussion was on National Nursing Association (NNA) current priorities and for the next 12 months. They were given 3 minutes to present the key projects and issues that ICN could provide support and/or advocacy for and on any thoughts on how Nursing prepares for future pandemics and the work required to strengthen health systems.

A total of 12 presidents from 12 nursing association shared their priorities and activities for the good of their nurses, public and country in related to Pandemic COVID-19 for the next 12 months. There were from Chinese Nursing Association, Indian Nursing Council, Irish Nurses and

Midwives Organization, Japanese Nurses Association, Nepal Nurses Association, Consejo General de Enfermeria, Taiwan Nurses Association, Turkish Nurses Association, Emirates Nursing Association, Swedish Nursing organization and Pn Sharipah Asiah Syed Junid AlJunid represented Malaysian Nurses Association (MNA) also shared MNA priorities for the next 12 months.

After question and answers session, the ICN president, Ms. Annette Kennedy provide an update from the Nursing Now Board and ICN plans to prepare for the transition to ICN in 2021 followed with Mr. Howard Catton, the ICN CEO summaries the important points of views from the presentation. The meeting ended at CEST (GMT +2) 10am, Malaysian time. The ICN President Ms. Annette Kennedy, thanked all the CNR delegates for their lively participation, followed by her closing remarks and declared 2020 CNR meeting closed.



TRIAD MEETING- INTERNATIONAL COUNCIL OF NURSES (ICN) - INTERNATIONAL CONFEDERATION OF MIDWIVES (ICM) AND WORLD HEALTH ORGANIZATION (WHO) 16 - 18 JUNE 2020

The 8th Triad Meeting-ICN-ICM-WHO held on 16th to 18th June 2020 virtually. More than 145 countries with over 600, Government Chief Nursing and Midwifery Officers, leaders and representatives of National Nursing Associations and Midwifery Associations, together with the International Council of Nurses (ICN), the International Confederation of Midwives (ICM), the World Health Organization (WHO) and key partners, including WHO Collaborating Centres for Nursing and Midwifery, regulators, and the Nursing Now campaign gathered together. The purpose of the meeting was to engage all participants and address issues of common interest as well as concern resulting in sharing of ideas, experiences and collaborative actions nationally, regionally and internationally. Puan Sharipah Asiah Syed Junid AlJunid, President of Malaysian Nurses Association (MNA) along with Puan L. Yohgasundry Letchumanan, Vice President and Fatimah Alias, Honorary General Secretary were among the participants.

The meeting occurred during a time of incomparable significance, due to both the International Year of the Nurse and the Midwife and the COVID-19 pandemic. The dual limelight emphasizes that midwives and nurses put their lives at risk to respond to the pandemic and provide essential health services. The Triad Meeting focused on how midwives and nurses can be protected, their leadership maintained and supported, and their contributions to emergency response, universal health coverage, and greater health and wellbeing maximized now and into the future. As per the 2020 TRIAD Statement below are the summary. As a result of the proceedings and discussions of the meeting, the participants within their respective roles commit to supporting WHO Member States in the development and implementation of the following actions:

1. Leverage the data, evidence and future directions in the State of the world's nursing 2020 report to outline a forward-facing roadmap for policy dialogue and evidence-informed investment in countries.
2. Implement effective human resources management in the context of COVID-19.
3. Support nursing and midwifery leadership at all levels of the health system to contribute to health policy development and decision-making.
4. Ensure nursing and midwifery education and training programmes match health system objectives.
5. Enable midwives and nurses to practise to the full extent of their education and training by updating relevant regulatory frameworks and providing appropriate workplace supports.
6. Eliminate all forms of discrimination based on gender, race, ethnicity, religion or other factors.
7. Deploy and manage midwives and nurses to maximize their roles as bridges to the communities they serve.
8. Address gaps in data elements essential to understanding the stock, demographics, practice settings, and working conditions of midwives and nurses.
9. Increase investments in countries affected by shortages to educate, employ, and retain midwives and nurses through domestic funding as well as appropriately-aligned development assistance.
10. Ensure decent working conditions and enabling environments for midwives and nurses.



HRH Princess Muna Al-Hussein



ICN CEO Howard Catton

For full report please visit <https://www.who.int/publications/m/item/2020-triad-statement>

70TH ANNUAL GENERAL MEETING (AGM) 19 SEPTEMBER 2020

In compliance with the government's recommendation in curbing COVID-19, MNA changed the venue of the 70th Annual General Meeting (AGM) from Penang to Crystal Crown Hotel Petaling Jaya, Selangor. The number of participants was also reduced to 250 members. Priority were given to Branch Committee Members, SIG Committee Members and Special Committee Members. The AGM took place on 19th September 2020. This AGM only had business session which was a half day programme as to fulfil the current SOP imposed by government. Members were updated on activities and meeting organized and participated by the association for the current year. The Principal council members reported their achievements in performing their respective duties. President discussed resolutions from branches. A positive debate took place by the seniors giving their stand on the resolutions discussed.

2020 was the year of election for Principal Council members namely the posts of President, and the Honorary General Treasurer. The winner was announced by the Chairman of Independent Committee, Prof Lee Siew Hoon. The Independent committee had appointed Puan Sharipah Asiah Syed Junid Aljunid to continue her tenure as President of MNA for another term as Pn Saerah Binti Wahit from Sarawak branch had declined the post. Prof Lee also announced that Cik Nornisah binti Bakri will continue to hold the position of Honorary General Treasurer for another term. The winning candidate, Puan Zurina binti Mohd Saleh appointed as Assistant Honorary General Treasurer and will hold the position of Honorary General Treasurer in next term.



MNA BEST GOVERNANCE FOR BRANCH AND SIG

The year 2020 has carved out a lot of history because apart from the Principal Council nominations, 8 SIGs were dissolved because they did not pass the 60% mark set apart from not complying with SIG rules and financial rules.

MNA Best Governance for Branch was topped again by Sarawak. Followed by HUSM, UMMC, Penang and UKMMC in fifth place. Consolation prize went to Perak, Johor, Negeri Sembilan, WPKL and Perlis. The MNA Best Governance for SIG ONCE AGAIN won by the SIG Perioperative followed by Renal, Journal Club, and SIG Mental Health in fourth place. President Madam Sharipah Asiah Syed Junid Al Junid awarded all winners.



1ST SARAWAK BRANCH



2ND PLACE HUSM BRANCH



3RD UMMC BRANCH



4th PENANG BRANCH



1ST SIG PERIOPERATIVE



2ND PLACE SIG RENAL



3RD PLACE SIG JOURNAL CLUB



4TH SIG MENTAL HEALTH

INTERNATIONAL NURSES DAY CELEBRATION 2020 (IND) 12 MAY 2020

Nurses around the country and across the globe celebrated International Nurses' Day on Tuesday, 12 May 2020, as they do every year on the anniversary of Florence Nightingale's birthday. This year the International Nurses Day celebration with the theme "Nurses a Voice to Lead: Nursing the World to Health". The webinar meeting was organized by Nursing Division under the supervision of Hjj Tumble Ngadiran @ Tomblow, Director of Nursing. It was held at CPRC (Perubatan) Ministry of Health, 7th Floor, Block E1, Complex E, Putrajaya. The occasion was officiated by Dato Sri Dr Adham Bin Baba, Health Ministry. Also present were Director-General Y.Bhg. Tan Sri Dato' Seri Dr Noor Hisham Abdullah, Dato' Dr Norhizan Bin Ismail, Deputy Director General (Medical) and Hjj Tumble Ngadiran @ Tomblow, Director of Nursing.

Special video clip by Duli Yang Maha Mulia Seri Paduka Baginda Raja Permaisuri Agong Tunku Hajah Azizah Aminah Maimunah Iskandariah Binti Almarhum AlMutawakkil Alallah Sultan Iskandar Al-Haj was mind blowing. The appreciation towards the frontlines by the Queen herself were priceless. The joint video conference were attended by State Matrons, representatives from MNA, MNU, APHM, ANTS, SANA, 'Kesatuan Bidan Jururawat Masyarakat and nurses at the field.

There were also an article write up "A Day to honour our nurses" in STAR (12 May 2020). The special day write up were by Fatimah Zainal and Diyana. Malaysian Nurses Association President Puan Sharipah Asiah Syed Junid Aljunid hopes that the courageous work of healthcare workers arnid the pandemic is a form of honour to International Nurses Day. "Nurses are in the spotlight and all around the world, this pandemic is revealing the irreplaceable work of nursing for all to see. It is a great challenge to the nursing profession"



SPECIAL REPORT: CURRENT COVID-19 OUTBREAK REVEALS THE CONTRIBUTIONS OF THE NURSING WORKFORCE ARE ESSENTIAL

The State of the World's Nursing Report - by the World Health Organisation, the International Council of Nurses and Nursing Now reported the most up-to-date evidence and policy options on the global nursing workforce. They present a "compelling case for considerable – yet feasible – investment in nursing education, jobs and leadership in order to strengthen the nursing workforce to contribute to the attainment of the Sustainable Development Goals (SDG), improve health for all and strengthen the primary health care workforce on the journey toward Universal Health Coverage.

The report estimates the global nursing workforce at 27.9 million of which 19.3 million are professional nurses. This confirms nursing as the largest occupational group in the health sector, accounting for approximately 59% of the health professions. The estimated global shortage of nurses in 2018 was 5.9 million with an estimated 5.3 million (89%) of that shortage concentrated in low and lower-middle income countries. The report maintains that for the world to achieve the global health agenda, concerted and sustained efforts to maximise the contributions of the nursing workforce are essential, requiring policy interventions that enable nurses to have maximum impact and effectiveness. The report outlines 10 policy options for countries:

1. Increase funding to educate and employ nurses.
2. Strengthen capacity for health workforce data collection, analysis and use.
3. Effectively monitor and responsibly and ethically manage nurse mobility and migration.
4. Adopt nurse education and training programs that graduate nurses who can drive progress in primary health care and universal health coverage.
5. Establish and support nursing leadership and governance.
6. Optimise the contribution of nursing practice.
7. Coordinate action in support of decent nursing work.
8. Deliberately plan for gender sensitive nursing workforce policies.
9. Modernise professional nursing regulation.
10. Collaborate across government ministries, health professionals, and the public and private sector.

The 2020, International Year of the Nurse and the Midwife and the release of the State of the World's Nursing Report provides an opportunity for nursing to engage with governments to commit to an agenda that will drive and sustain progress to 2030. Investing in nursing will enable countries not only to meet the health-related SDG targets, but also SDG education targets, SDG gender targets, and SDG decent work and economic growth targets. The report maintains that all countries can take action in support of this agenda and that most countries can accomplish the policy actions listed above within their own resources.

Nurses in Malaysia are very fortunate to have a government that recognised the important of Nursing Workforce. To show supports to our nation combat COVID-19, Malaysian Nurses Association (MNA) together with Malaysian Health Coalition (MHC) aggressively join statements applauds the measures taken by the Malaysian government to strengthen the health system and nursing workforce in order to contain the spread of pandemic COVID-19. The statements also demonstrated ideas and strategies in our effort against COVID-19.

1. A More Coherent Government response on 22th March 2020
2. Holistic measures against COVID-19 on 28th March 2020
3. Strengthening Health Expertise in Government Decision on 2nd April 2020
4. Ensuring Adequate Numbers of Health Professionals on 8th April 2020
5. Additional Measures during MCO Phase 3 on 11th April 2020



Malaysia Prime Minister Tan Sri Muhyiddin Yassin & Director-General of Health Datuk Seri Dr. Noor Hisham bin Abdullah



#mnadocare

L.YOYGASUNDARY LETCHUMANAN

PERSONAL REFLECTION ON COVID-19 – FEELS LIKE A NEW WORLD

This is a challenging time in many ways, a time when it is easy to think and fear for others. I worry about all those around me, my daughter, my better half, family members near and far. Being in the healthcare profession, I think about my siblings and my friends working as doctors, nurses as well as those in-service industry who are forced to face this pandemic head on. As a Nurse Tutor my fear are from different perspective. I am sure you have your list of people to worry.

The pandemic has impacted nursing education too. As the cases escalated, government closed schools, colleges and universities to ensure the safety of students, teachers and the nation. Face-to-face classes and the clinical placement of students were either postponed or controlled in order to maintain and safeguard the health of students and facility as a whole. The unsure time span of the COVID-19 pandemic and suspension of clinical teaching and placement in the healthcare facilities have affected students' readiness for the licensure examination. Final-year students face uncertainties regarding completion of the course and timelines for sitting their licensure examinations set by Nursing Board Malaysia.

To be able to continue teaching and learning during the COVID-19 pandemic, while complying with the COVID-19 prevention protocols, we switched from the traditional face-to-face teaching and learning to the virtual mode. Content that was previously taught only 'face-to-face' had to be quickly converted to online delivery. This gave goose bumps to many of us as we were not familiar with this platform. Tutors needed immediate on the spot training to deliver virtual classroom sessions. Tutors were practically forced to learn how to navigate and deliver the content online. However, clinical practice placement of students, which is the normal approach in the traditional nursing curriculum had to be put on hold.

In addition, students had to be reminded to obtain the needed technology and internet services required to access the classes online. This move to the online platforms has created a new problem, inequality to access to learning. Variation of gadgets and capacity of the device among the

students imposed insufficient memory space to download the platforms used for learning. Many students live in distant geographical areas with limited or no access to internet, inadequate financial incomes, do not own the required textbooks and do not own computers or had to be shared with other family member. Distinct issues seen were interruption in the way students socialize. Students that generally sit together to learn face to face at the institute, meet with their tutors and work in groups, had to quickly cope with challenges of attending classes virtually from home and at the same time learn and adapt to different platforms such as Google Classroom, Zoom and Moodle. Postponement of clinical teaching and clinical placement has extended the length of the course. In the current situation, it is estimated that the course will be extended for at least an additional semester to facilitate the much-needed clinical experience and the clinical hours required by the Nursing Board Malaysia.

Having pen down the above in a nutshell, COVID-19 will remain part of our lives until its vaccine becomes available for all. In the view of this uncertainty, different ideas to move on with life are being formulated by conforming to the new norm; 3 W and 3 C (wear mask, wash hand, avoid crowded area, close communication and etc.) with the old ways of living. How life is going to look post COVID-19? Its certain that life before and after COVID-19 would not be the same. Adapting to future may not be easy but if we are receptive it may not be too hard. Making the mask a part of our attire is perhaps an optimistic way towards welcoming the new norm, accepting it and interlacing it into our lives so intricately that it is effortlessly absorbed into our everyday. It's time to change and merge. Do not cling to the previous 'normal'.

I am grateful to everyone who is directly working on this virus and it motivates me to ensure we as a society do what we can to help in this pandemic. Emitting and harnessing people's experiences, skills and expertise to learn from and apply to future crisis are vital. At this time, we must ensure we do our bit to prevent future pandemic from taking such a firm grip on so many people's lives.

PERSATUAN JURURAWAT MALAYSIA CAWANGAN KELANTAN

COVID-19: PPE PREPARATION

13 - 27 MAC 2020

Perhatikan terhadap masalah kekurangan peralatan perlindungan peribadi (PPE) yang dihadapi petugas perubatan barisan hadapan di Kelantan dalam menangani penularan wabak COVID-19, Ahli Persatuan Jururawat Malaysia Cawangan Kelantan, Kota Bharu telah secara sukarela menawarkan diri menjahit peralatan PPE. Ia bermula pada 13^{hb} hingga 27^{hb} Mac 2020. Seramai 40 orang ahli Persatuan Jururawat Malaysia (MNA) kawasan Kota Bharu terlibat dalam menyediakan keperluan ini. Mereka bertugas di Institut Latihan Kementerian Kesihatan Malaysia Kubang Kerian dari jam 8.00 pagi hingga 4.30 petang setiap hari.

Ahli dibahagikan kepada dua kumpulan iaitu 20 orang untuk menjahit gown dan shoes cover manakala 20 orang lagi untuk membuat face shield. Sepanjang aktiviti ini berlangsung, makan dan minum telah disediakan oleh MNA kawasan. Peralatan jahitan seperti mesin jahit, benang dan gunting dibawa sendiri oleh ahli MNA yang terlibat. Manakala kain, serta bahan untuk membuat face shield telah diberi oleh pihak NGO dan farmasi. Sebanyak 840 pasang gown, 420 pasang shoes cover dan 1000-unit face shield telah berjaya dihasilkan. Kesemua ini telah dihantar ke Farmasi Negeri untuk diedarkan ke hospital dan klinik di seluruh Negeri Kelantan.

#terimakasihnacawangankelantan



Ahli MNA sedang memotong kain untuk membuat PPE



Ahli MNA menjahit PPE



Ahli MNA sedang membuat "face Shield"

**MNA SABAH BRANCH
REACHING OUT - VISIT TO RUMAH HARMONI KINGFISHER, KOTA KINABALU
20 OCTOBER 2020**

With the ongoing COVID-19 pandemic and the resulting Movement Control Order (MCO), many are struggling to manage the impacts of the situation on their daily operations especially the non-governmental organizations. MNA Sabah Branch had organized a special visit to Rumah Harmoni Kingfisher Kota Kinabalu, Sabah on 20th October 2020. Rumah Harmoni is a non-profit organization dedicated to restoring the lives of children aged 2 to 18 years old who are underprivileged and with health problem. The main purpose for the visit were to provide help and support to children's, to assist and help to ease their burden during this challenging period.

Thus, MNA Sabah branch has taken the initiative to offer help and support setting aside a special collection among members of MNA Sabah branch to buy food items such as rice, cooking oil, sugar, milo, crackers, flour, egg and precautionary supplies (face masks & hand sanitizers). All the items were delivered to the center by the members. All kids and the caretaker were very happy and thankful to member of MNA Sabah Branch.



**MNA HUSM BRANCH
COVID-19 PANDEMIC - COMMUNITY SERVICE
OCTOBER – NOVEMBER 2020**

COVID-19 pandemic has led to various effects towards human community in terms economy, social and psychology. Understanding this situation, Malaysian Nurses Association HUSM branch, launched charity activity named Sedekah Kasih #HulurTandaKasih.

The objectives of this programme is to provide contributions/ assistance in terms of moral, finance and basic needs such as clothing and food. In addition, this activity provides awareness of the importance of 3W and 3C eg wearing face mask, hand washing and physical distancing during the COVID19 epidemic to the community. Through these activities, the society knows that nurses are not only considered as frontliners in curbing Covid19, but at the same time they are also heroes in helping those in need in terms of basic assistance. This proves that nurses care for them in every aspect.

The programme successfully raised money, several boxes of clothes as well as basic food such as rice, wheat, sugar, biscuits, canned food such as sardines, sweetened condensed milk, and many more. Money and food that have been collected were distributed to three different institute namely: Yayasan Kaseh Kanser dan Kronik, Akademi Pendidikan AI – Quran Tahfiz Alkhalisah and Maahad Tahfiz Darin Naim Padang Kala Peringat. Contribution were handed on 24th October, 27th October and 8th November 2020.



Money and boxes of clothes and food that were donated to YKKK on 24th October 2020

RM 1000 and food boxes were handed over to the representative of Akademi Pendidikan AI – Quran Tahfiz Alkhalisah (APATA) on 27th October 2020

Money and food boxes were handed over to the headmaster of Maahad Tahfiz Darin Naim on 8th November 2020

SPECIAL INTEREST GROUP PERIOPERATIVE 1ST APAC PREOPERATIVE NURSING EDUCATION 27 JUNE 2020

SIG Perioperative collaborated with Medtronic Sdn Bhd and organized an educational seminar titled "1st APAC Perioperative Nursing Education". Miss Grace Kim, Vice President of Strategic Marketing & Marketing Development, MITG, APAC gave the welcoming speech for the webinar. This program offers additional information and ideas on how to provide a safe environment for the patient and hospital team as we adapt to the next norm.

The topics in the webinar included the following:

1. Roadmap back to Recovery-Preparedness for elective and non-elective surgery cases by Nerissa M. Gerial from Philippines
2. Application of Leadership Theories in Today's health Crisis: Actual Experiences from Operating and Recovery Rooms by Nicolo Andaraei A. Anonuevo from Philippines.
3. Clearing the Air of Surgical Smoke by Donna Watson from USA.
4. Surgical Smoke and COVID-19: People and Healthcare in Basic Electro surgery the Lesser Burn Incidence by Phurichaya Akaeditham from Thailand.



Agenda of the program



President MNA as participant

MNA SARAWAK BRANCH NURSING SEMINAR IN CONJUNCTION WITH 47TH AGM SARAWAK BRANCH 11 JANUARY 2020

Sarawak Branch held Nursing Seminar in conjunction with the 47th Branch AGM on 11th January 2020 at the Saa'ti SUPP Hall, Headquarters in Kuching. The seminar was attended by 420 nurses. The main purpose of the seminar was the concern towards NURSES in the current work climate who must be consistently looking for ways to remain competitive and stay abreast with new procedures and expectations in their field. Therefore, this seminar was to promote awareness and knowledge among nurses regarding nursing leadership and nature of disease. The esteemed speakers included State Matron, Madam Lau Sie Ngo who spoke on the "Nursing Leadership". The guest speaker from the Sarawak General Hospital shed some light on the topic "Dementia".



MNA CAWANGAN WPKL MEMBERSHIP DRIVE 3 FEBRUARI 2020

Program *Membership Drive* telah diadakan di Pusat Darah Negara pada 3^{hb} Februari 2020. Tujuan *Membership Drive* ini diadakan adalah untuk memberi kefahaman tentang fungsi & peranan Persatuan Jururawat Malaysia kepada jururawat-jururawat yang baru melapor diri. Ceramah bertajuk MNA: *Professional organization for Nurses* telah disampaikan oleh Puan Safiah binti Sutan Taharudin. Seramai 5 orang jururawat baru telah berjaya di rekrut sebagai ahli Persatuan Jururawat Malaysia selepas sesi *Membership Drive*.



**MNA KEDAH BRANCH
LEADERSHIP IN CLINICAL PRACTICE: THE REALITY
15 FEBRUARY 2020**

Perawatan kejururawatan adalah faktor utama dalam memastikan penjagaan kesihatan dapat dilaksanakan secara holistik dan berkesan. Dengan ini peranan seorang jururawat yang mempunyai kepakaran, pengetahuan dan latihan khas adalah penting bagi melaksanakan perancangan perawatan yang telah disediakan di bawah penyeliaan yang sistematik bagi memastikan perawatan yang diberikan mematuhi piawaian dan selamat. Dengan matlamat ini MNA Cawangan Kedah telah menganjurkan satu Seminar Kejururawatan dengan tajuk 'Leadership in Clinical Practice: The Reality' pada 15th Februari 2020 di Auditorium Hospital Sultan Abdul Halim (HSAH) dari 8.00 pagi hingga 5.00 petang. Objektif kursus adalah untuk memberi penjelasan mengenai konsep penyeliaan klinikal dan kepentingan kompetensi klinikal di kalangan jururawat. Seminar ini telah dihadiri seramai seratus enam puluh jururawat yang terdiri daripada Penyelia Jururawat, Ketua Jururawat, Jururawat dan Jururawat Masyarakat. Penceramah jemputan adalah AP Dr Aini bt Ahmad dan Puan Norsiah bt Rahmat.



Brochure Seminar



Peserta Seminar



AJK MNA Cawangan Kedah bersama Penceramah Jemputan



Peserta Seminar bersama AJK MNA Cawangan Kedah dan Penceramah Jemputan

**MNA CAWANGAN PULAU PINANG
SEMINAR INFERTILITY TREATMENT
22 FEBUARI 2020**

Persatuan Jururawat Malaysia Cawangan Pulau Pinang menganjurkan kursus untuk jururawat dari pelbagai hospital dan klinik dari Pulau Pinang di Auditorium Hospital Pulau Pinang pada 22th Februari 2020. Kursus kali ini memperluaskan lagi pengetahuan dan pendedahan berkaitan "Infertility Treatment". Para peserta kursus seramai 218 orang telah diberi pengetahuan dan pendedahan ini oleh Puan Sujada Subramaniam dan Puan Kong Mei. Topik kali ini mendapat maklum balas yang amat baik dari semua peserta yang hadir. Sesi soal jawab kelihatan amat aktif dengan pelbagai soalan yang diajukan oleh para peserta seminar. Peserta ternyata menunjukkan tahap pengetahuan yang bagus walaupun tidak terlibat secara langsung dengan topik yang dibincangkan dalam perkhidmatan mereka.



**SIG PERIOPERATIVE
NURSING LEADERSHIP THROUGH COVID-19 & BEYOND: SHAPING THE NEXT NORMAL IN
SURGERY
29 AUGUST 2020**

The collaboration educational seminar was organized by the Johnson & Johnson Sdn Bhd with Special Interest Group Perioperative Malaysian Nurses Association on the 29th August 2020. The theme of the forum was "Nursing Leadership Through COVID-19 & Beyond: Shaping the Next Normal in Surgery". The objectives of the forum webinar are to share the best practices such as infection prevention and control, perioperative nursing, training and education from Southeast Asia's nursing experts. Total participants were 956 in this webinar.

Invited speaker was Ms Annusuyai Devi a member of SIG Preoperative. She presented the topic on "Implementing Perioperative Guidelines for Safe Surgery". She shared her experience on preparation of patients which includes planning ahead with the proper team for surgery based on our hospital guidelines during this pandemic. This also covers safety during pre, intra and post - operative phases of surgery and next norm in surgery. This forum emphasized on COVID-19 awareness and participants were satisfied with the contents, easy access, enhanced skills, new changes in operating room setting due to pandemic, multinational approach, additional information and collaborative ideas.



Webinar flyer



Webinar Panel from: Malaysia, Singapore,Philipine

**MNA PPUKM BRANCH
BENKEL TOOL DIGITAL DALAM PENDIDIKAN 4.0
10 OKTOBER 2020**

Bengkel Tool Digital Dalam Pendidikan 4.0 telah diadakan pada 10 Oktober 2020 bertempat di Dewan Kuliah 1 ,Kompleks Pendidikan Perubatan Canselor Tuanku Jaafar ,HCTM dari pukul 8.00 pagi hingga 5 .00 petang. Seramai 25 orang peserta dalam HCTM sahaja yang terlibat dan hadir bengkel tersebut. Bengkel ini telah dimulakan dengan kata kata aluan dan seterusnya dirasmikan oleh Puan Wan Fatimah Wan Daud ,Ketua Jabatan Perkhidmatan Kejururawatan. Turut dihadiri oleh Puan Zamrudah Ismail ,Vice Presiden Bahagian Servis sebagai wakil presiden dan juga peserta.

Ceramah disampaikan oleh Dr Maziah Ahmad Marzuki ,Ketua Jabatan Kejururawatan (Bahagian Akademik). Beliau juga merupakan AJK MNA PPUKM (wakil Akademik). Banyak ilmu yang dikongsi terutamanya dalam pembelajaran masa kini menggunakan Telegram, padlet dan lain lain lagi. Disamping itu telah diadakan acara Cabutan Bertuah sebelum majlis tamat. Sebanyak 10 hadiah telah diberikan kepada peserta yang bertuah. Bengkel ini tamat pada jam 5.00 petang dengan jayanya. Acara penutup disampaikan oleh Puan Roslizaton Che Mamat ,Pengerusi MNA PPUKM. Bengkel ini akan diteruskan lagi pada masa depan memandangkan maklumbalas positif yang diterima dari peserta



Pendaftaran dan Saringan Kesihatan



Gambar Kenangan Bersama Puan Wan Fatimah Wan Daud dan Puan Zamrudah Ismail

**MNA MELAKA BRANCH
FALL PREVENTION WORKSHOP
10 OCTOBER 2020**

MNA Melaka Branch and Melaka Hospital collaborated to carry out Fall Prevention Workshop on 10th October 2020, at the Auditorium Sri Baiduri Hospital Melaka. The workshop carried in conjunction with International Older Person Day. A total of 65 participants attended this workshop while 10 members of the Melaka Branch MNA Committee participated in helping to conduct this workshop. MNA Committee members were involved in the registration process as well as being a facilitator during the practical sessions.

This workshop aims to provide awareness to participants about the care of the elderly in terms of physical and mental. Elderly care is the latest challenge for nurses as the number of elderlies is on increasing trend. Therefore, holding a workshop like this is an ideal way in helping nurses increase and update their knowledge in providing care to their elderly patients.



**MNA CAWANGAN PERAK
ECHO-TRAINING - BENGKEL PENGURUSAN REKOD DAN KEWANGAN
17 OKTOBER 2020**

Persatuan Jururawat Malaysia Cawangan Perak telah menganjurkan satu seminar pada 17th Oktober 2020 (Sabtu) di MH Hotel Ipoh (8.30 pagi-1.00petang) . Bengkel dihadiri seramai 31 wakil kawasan. Bengkel tersebut diadakan khas untuk semua wakil-wakil kawasan yang telah dilantik. Ia bertujuan untuk memberi kefahaman tentang senarai tugas, memantapkan lagi pengurusan kewangan (duit yuran) dan cara rekod data ahli dengan tetap dari kawasan masing-masing. Bengkel telah dirasmikan oleh Pengerusi MNA Cawangan Perak iaitu Puan Pauris Binti Razman. Penceramah terdiri daripada Bendahari dan Setiausaha MNA Cawangan Perak.Sesi soal-jawap juga mendapat sambutan yang baik dari para peserta.

Di dalam bengkel tersebut para peserta bukan sahaja mendapat manfaat dari segi pengetahuan tapi dapat mengenali di antara satu sama lain dan berkongsi ilmu. Para peserta memberi maklumbalas yang baik dan positif terhadap bengkel yang telah diadakan Mereka mencadangkan supaya bengkel seperti ini diadakan setiap tahun. Tahniah kepada peserta dan penganjur.



MNA CAWANGAN SELANGOR SUMBANGAN DANA - MANGSA BENCANA KEBAKARAN 3 JANUARI 2020

Suatu bencana kebakaran telah berlaku pada 3^{hb} Januari 2020, jam 4.15pm di alamat No 13 Lot 2211, Taman Orkid Kg Delek Kanan, Off Sg Udang, 41250 Klang Selangor. Bencana ini melibatkan seorang jururawat, Puan Nor Risah binti Toha yang bertugas di Hospital Tengku Ampuan Rahimah Klang (HTAR). Beliau merupakan ahli MNA seumur hidup.

Pada waktu kejadian beliau sedang menyiapkan makanan di dapur untuk seisi keluarga sementara anak-anak sedang menonton televisyen di ruang tamu. Sekitar jam empat petang, anak beliau berlari ke dapur untuk memberitahu bahawa ada api sedang marak di atas tilam dalam bilik tidur. Puan Nor Risah memberitahu beliau merasa cemas dan terus mengambil air untuk menyiram api tersebut namun api menjadi lebih marak. Oleh kerana keadaan makin teruk, beliau berlari keluar dengan menarik kedua-dua anaknya yang berumur enam dan sembilan tahun sehelai spinggang dan menjerit meminta pertolongan dari jiran. Pada masa itu suami beliau tiada di rumah. Orang ramai cuba membantu memadamkan api tetapi tidak berjaya malah telah merebak ke rumah jiran. Pihak Bomba sampai dalam masa 15 minit selepas kejadian dan api berjaya dipadamkan oleh pihak bomba. Puan Nor Risah sekeluarga telah kehilangan semua harta benda dalam masa sekelip masa sahaja akibat kejadian tersebut.

Puan Aisyah binti Suhaimi, Pengerusi MNA Cawangan Selangor dengan dua ahli jawatankuasa telah melawat Puan Nor Risah binti Toha pada 4^{hb} Februari 2020 di pejabat penyelia Jururawat, Htar. Mereka menghulurkan dana berjumlah RM1,300.00 untuk mengurangkan sedikit bebanan yang ditanggung oleh beliau sekeluarga. Dana tersebut telah dikutip daripada ahli MNA semasa Mesyuarat Agung Tahunan Ke-29 Persatuan Jururawat Malaysia Cawangan Selangor pada 11^{hb} Januari 2020 di Hotel Gold Course Klang Selangor.



MNA UMMC BRANCH COMMUNITY SERVICE - PERKAMPUNGAN ORANG ASLI, SUNGAI GABAI, HULU LANGAT 15 FEBRUARY 2020

The UMMC Branch MNA collaborated with the students of Kolej Kediaman Raja Bahiyah, University of Malaya to conduct community service for the aboriginal people. The event was held on 15th February 2020 (Saturday) at the Perkampungan Orang Asli, Sungai Gabai, Hulu Langat, Selangor. A total of 18 MNA UMMC Branch members took part in this activity.

The objective of the community service is to exposure the students to the real world and daily activities of aboriginal people as well as to foster relationship. MNA UMMC Branch cooperated with University of Technology Malaysia, AEON Malaysia Berhad, An-Nur and Smart Camp to carry out a free health check-up. About 150 aboriginal people benefited from this activity. The activity went on smoothly and received positive feedback from all those involved.



**MNA CAWANGAN PERLIS
EKSPLORASI GUA KELAM PERLIS
26 FEBRUARI 2020**

Persatuan Jururawat Malaysia Cawangan Perlis telah menganjurkan explorasi ke Gua Kelam Perlis pada 26th Februari 2020. Aktiviti ini bertujuan untuk meneroka alam semulajadi yang ada di Negeri Perlis. Explorasi ini melibatkan seramai 11 orang ahli Persatuan Jururawat Malaysia Cawangan Negeri Perlis .

Kelebihan ekspedisi ini, ahli diberi penerangan yang jelas mengenai Gua Kelam dan dibawa melawat kawasan dalam gua dan kawasan sekitarnya oleh pegawai pelancungan Negeri Perlis. Gua Kelam merupakan pusat pelancungan utama di Negeri Perlis. Gua Kelam, ialah sebuah gua batu kapur terletak di pinggir pekan Kaki Bukit, 33 km di utara Kangar. Di dalam gua ini terdapat terowong yang panjangnya 370-meter. Terowong ini menjadi antara tarikan pengunjung untuk meneroka Gua Kelam. Dinamakan Gua Kelam sempena keadaan dan kedudukannya di kaki bukit, selain suasana kelam yang sentiasa menyelubungi gua ini. Para peserta explorasi berpeluang melihat bekas landasan troli bijih timah yang dibina daripada besi dan kayu serta laluan yang disusun menggunakan batu-batuan oleh pelombong bijih timah.



Di bahagian dalam Gua Kelam



Di Muzium 3D



Gua Kelam



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