



MNA Bulletin

THE OFFICIAL PUBLICATION OF MALAYSIAN NURSES ASSOCIATION

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VISION

The Malaysian Nurses Association is the association of choice for all registered nurses in promoting and maintaining the honour, interest and the advancement of nursing as a profession.

MISSION

Aims to become the premier association for Malaysian nurses dedicated to:

- Develop and promote high standards of nursing education, practice and research.*
- Uphold the image of nursing.*
- Abide by the professional ethics.*
- Be the centre of national and international nursing networking.*
- Implement and collaborate with other organizations for health promotion.*
- Express its opinion and to acquaint the government and other bodies with the policies and aspirations of the nursing profession.*
- Promote professional, social, cultural and charitable activities.*

PRESIDENT'S MESSAGE



Assalamualaikum and Salam Sejahtera to all members of Malaysian Nurses Association (MNA)

This is the second issue of our bulletin for this year. From the month of May till August 2018, the Malaysian Nurses Association (MNA) was ever present in its quest to lead the nursing profession by organizing The International Nurses Day Celebration, themed "NURSES: A VOICE TO LEAD - HEALTH IS A HUMAN RIGHT" held on 12th May 2018 at PICC. In conjunction with this day the "Nursing Now" (NN) agenda was also launched, which is a 3-year global campaign to raise the profile and status of nursing worldwide, in collaboration with the World Health Organization and the International Council of Nurses.

MNA proceeded to represent Malaysian nurses at The Seventh Triad meeting held in Geneva, Switzerland from the 16th -19th of May 2018. Triad meetings focuses on building nursing and midwifery capacity to achieve universal health coverage and the Sustainable Development Goals, labour market dynamics and education policies.

The next important agenda on the calendar was MNA's attendance at the 2018 ASIORNA Board Meeting, 6th ASIORNA Conference and 8th Asian Perioperative Leadership Forum combined with 18th ACORN (Australian College of Perioperative Nurses) Conference in Adelaide, Australia on the 23rd to 26th May 2018

With the theme 'Coming of Age'. At the end of this gathering, the ASIORNA leadership was handed to the newly elected ASIORNA President Puan Sharipah Asiah by the outgoing President Ms. Mayuni Ishibashi of Japan.

While on the 3rd and 4th August, MNA HQ organized a Leadership Course. To facilitate all Branch Chairmen to effectively manage their branches and they were briefed on roles and responsibilities of chairman, secretary and treasurer.

Many more activities published in this issues and I wish all of you HAPPY READING!

Thank you

Sharipah Asiah Syed Junid Aljunid

MESSAGE FROM CHIEF EDITOR



Dear Readers

Warm greetings. Our second issue is a call to take a breath and remember what it is that we are doing, and why. In this issue, we will recount the various projects and activities in which MNA members were actively involved from May until August 2018. Mainly this issue will cover the International Nurses Day celebration. The global theme for International Nurses Day 2018 was Nurses: A Voice to Lead-Health is a Human Right.

ICN President Annette Kennedy sends this message to the world's nurses, "Let us join our voices together to be a voice to lead by supporting a people-centered approach to care and health systems, and ensuring our voices are heard in influencing health policy, planning, and provision".

A huge thank you to all the members who contributed writing the wonderful and inspiring articles, without which there wouldn't have been this bulletin.

Still loving what I do'

L. Yohgasundry Letchumanan

INTERNATIONAL NURSES DAY 2018 (IND) CELEBRATION AT PUTRAJAYA INTERNATIONAL CONVENTION CENTRE (PICC)

The International Nurses Day Celebration with the theme “NURSES: A VOICE TO LEAD - HEALTH IS A HUMAN RIGHT” was held on 12 May 2018 at PICC. Three thousand nurses assembled under one roof at PICC for this very special day to celebrate with all nurses around the world.

The special moment was officiated by Deputy Director General of Health (Medical) YBhg Dato’ Dr Hj Azman Bin Hj Abu Bakar. The other special guest was Director of Nursing Hjj Tumble Binti Ngadiran @Thomblow. In his opening address, Deputy Director General of Health (Medical) YBhg Dato’ Dr Hj Azman Bin Hj Abu Bakar called upon nurses to confront significant challenges in the resourcing and delivery of care. He reinforced nurses are essential in transforming health care and health system such that no person is left behind without access to care.



Welcoming Speech by MNA President



Speech & Launching of IND by YB Deputy DG of Health (Medical)



Reciting of IKRAR



Choir presentation



Distinguish Guest with Nurses



Power of Unity

LAUNCHING OF "NURSING NOW" – MALAYSIA GROUP

In this year's celebration of International Nurses Day 2018, the nurses had the golden opportunity to witness launching of "Nursing Now" -Malaysia Group by Deputy Director General of Health (Medical) YBhg Dato' Dr Hj Azman Bin Hj Abu Bakar. "Nursing Now" (NN) is a three year global campaign (2018 – 2020) aimed at raising the profile and status of nursing worldwide. It's being run in collaboration with the World Health Organization and the International Council of Nurses. NN seeks to empower nurses to take their place at the heart of tackling 21st Century health challenges and aims to improve perceptions of nurses, enhances their influence and maximize their contribution to ensuring that everyone everywhere has access to health and healthcare. Jane Cummings, Chief Nursing Officer for England have tweeted this *"We need to publicise what we do, we need to promote what we do, we need to evidence what we do and we need to be proud to be nurses and midwives"*.



PRESENTATION OF THE TOKOH JURURAWAT AWARDS 2018

This year's award winner 2018 were Puan Teresa Ting Ah Moi and Puan See Cheng Kim.



Puan Teresa Ting Ah Moi (Education) began her nursing career as a qualified staff nurse in 1965. She then proceeded to do her Advance Nursing Education Course in the year 1974 and commenced her nursing career as a nurse tutor from 1975 until 1980. She headed a few School of Nursing in Sarawak before retiring from government in 1995.

Puan Teresa has also been a member in Nursing Board Malaysia, steering committee for Quality Health Care and Red Crescent Sarawak. She have been actively involved in Malaysian Nurses Association Sarawak Branch and held post as secretary and moved on to be the chairman.

With her dedication towards nursing and her commitment in community services, she was awarded the "Pingat Perkhidmatan Lama" in 1987, "Pingat Perkhidmatan Terpuji (State Level)", "Pingat Pangkuan Negara (PPN (Federal))" and "Anugerah Tokoh Anggota Perkhidmatan Wanita 2004" by Kolej Sains Bersekutu, Sarawak.



Puan See Cheng Kim started her career as a staff nurse in 1976. Has served the Ministry of Health for 38 years. She was promoted as a Nursing Sister in 1991 and as State Matron Hospital Pulau Pinang in 2002. For career, advancement in nursing Puan See did midwifery, paediatric and management course. In 2014, Pn See retired from the Government Service.

Apart of being busy with work, she has been actively involved in Malaysian Nurses Association since 1991. She has held the post of Chairman (2005-2013) and Vice Chairman (2014-2015). Currently she is the Vice Chairman of National Council of Women's Organisation.

With her passion for nursing, she received thrice the excellent service award from the State Health Department. She has been bestowed the state awards of PJK and PPN in 2009.



IND SCIENTIFIC SEMINAR NURSES: A VOICE TO LEAD – HEALTH IS A HUMAN RIGHT

This year's seminar topic were tailored towards Nurses: A Voice to Lead – Health Is A Human Right. Three speakers took their stand at the stage. First speaker was Associate Professor Dr. Hjj. Rohani Hj. Arshad, Adjunct Professor MAHSA University Malaysia delivered her speech on "Nursing Now: Our Strategies, Our Actions". Followed by Puan Anny Mary Soosai, Chief Matron of Hospital Kuala Lumpur, spoke on "Safe Working Environment Towards Patient Care". Puan Aieshah Zainudin, State Matron of Sarawak talked on "Accessibility and Outreaching towards Healthcare". All speakers shared their valuable experiences and challenges endeavoured as a nurse.



TRIAD MEETING- INTERNATIONAL CONFEDERATION OF MIDWIVES (ICM) - INTERNATIONAL COUNCIL OF NURSES (ICN) AND WORLD HEALTH ORGANIZATION (WHO) GENEVA, SWITZERLAND

The Seventh Triad meeting held at Geneva International Conference Centre (CICG), Switzerland from 16 -19 May 2018. Puan L. Yohgasundry Letchumanan, Vice President (Education) MNA and Safiah Sutan Taharudin, Chairman of Wilayah Persekutuan Branch attended the meeting. Government Chief Nursing and Midwifery Officers and Regulatory Bodies of more than 130 countries, together with representatives from the International Confederation of Midwives (ICM) and International Council of Nurses (ICN) and World Health Organization (WHO) were present. The purpose of the meeting was to engage all participants and address issues of common interest as well as concern resulting in sharing of ideas, experiences and collaborative actions nationally, regionally and internationally. Triad meeting focused on topics such as building nursing and midwifery capacity to achieve universal health coverage and the Sustainable Development Goals, labour market dynamics and education policies in investing in the nursing and midwifery workforce and strengthening nursing and midwifery data for monitoring and ensuring accountability for the implementation of national and regional strategies.



With ICN President Annette Kennedy

NATIONAL NURSES ASSOCIATION (NNA) REPRESENTATIVES MEETING

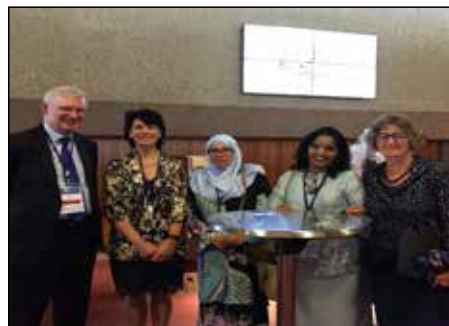
100 representatives from 52 different countries met to discuss ways in strengthening NNA's policy initiatives and implementation and to share experiences and good practices.



Representatives of ICN'S National Nursing Association



Left to right: Dr Francis Omaswa, Dr Catherine Hannaway, Baroness Watkins of Tavistock, Professor Sheila Tlou and Lord Nigel Crisp





NURSING NOW

In addition ICM advocacy to 'raise demand for midwives' and the Nursing Now campaign - value and contributing to raising the profile and status of nursing and midwifery. It was featured prominently during the Global Forum for Government Chief Nursing and Midwifery Offices and Triad meeting, co-hosted by the World Health Organization (WHO), International Council of Nurses (ICN) and International Confederation of Midwives (ICM).



ASIORNA BOARD MEETING 2018, 6TH ASIORNA CONFERENCE AND 8TH ASIAN PERIOPERATIVE LEADERSHIP FORUM COMBINED WITH 18TH ACORN CONFERENCE

The 2018 ASIORNA Board Meeting, 6th ASIORNA Conference and 8th Asian Perioperative Leadership Forum combined with 18th ACORN (Australian College of Perioperative Nurses) Conference, was held at Adelaide Convention Centre, Adelaide, South Australia from 23rd to 26th May 2018 with the theme 'Coming of Age'. It was attended by 1250 participants from 26 countries (Asia, Australia, Europe and America). Ms. Sharipah Asiah and Ms. Khoh Sham Ching (ASIORNA Board members) represented Malaysia. ASIORNA Board Meeting was held on 23rd May 2018. It was a fruitful meeting and active participation from all board members. Many issues were discussed namely the ASIORNA Board Meeting and celebration of ASIORNA 10th Anniversary 2019 in Kuala Lumpur, CORN (China Operating Room Nurses) / ASIORNA Conference 2020 in Beijing and the election of the Board officers for 2018-2020. Conference and Leadership Forum went on well. All presenters shared their experience and knowledge

in great depths. The conference ended with the closing ceremony on 26th May 2018 followed by of handling over the ASIORNA Flag from Past ASIORNA President Ms. Mayuni Ishibashi from Japan to the newly elected ASIORNA President Ms. Sharipah Asiah from Malaysia. Special congratulations to Ms. Sharipah Asiah (ASIORNA Board member / MNA President) elected as ASIORNA President 2018-2020.



Ms Sharipah Asiah (MNA President) and Ms Khoh S.C at the Conference Centre



Handing Over ASIORNA Flag from Past ASIORNA President Ms. Mayuni Ishibashi (Japan) to new ASIORNA President Ms. Sharipah Asiah (Malaysia)



Ms Sharipah Asiah and Ms Khoh S.C with ASIORNA Deputy President (China) and ASIORNA Secretary (Thailand)



ASIORNA Board Members from various countries

Looking forward for the next events that is ASIORNA Board Meeting and celebration of ASIORNA 10th Anniversary 2019 in Kuala Lumpur and 7th ASIORNA Conference & 9th Asian Perioperative Leadership Forum in Beijing 2020.

SPECIAL IN-HOUSE LEADERSHIP COURSE - LEADERS OF 360°

MNA HQ organized a Special In-House Leadership Course from 3 August until 4 August at Wisma Jururawat, Petaling Jaya, Selangor. 18 branch chairman attended it. The objective of the workshop was to facilitate the chairman to manage effectively their branch activities. The participants were reinforced to the roles and responsibilities as chairman. They were briefed how to oversee the role and responsibilities of vice chairman, secretary and treasurer. The speakers' were the EXCO members Mdm Sharipah Asiah Syed Junid Al Junid, Fatimah Alias, Nornisah Bakri, Sapiah Abdul Hadi, Zamrudah Mohd Ismail and L. Yohgasundry Letchumanan. At the end of the seminar, a posttest carried out to evaluate the success of the workshop. The participant gave a positive feedback and that they now understood holistically their role as a chairman.



NURSES A VOICE TO LEAD - HEALTH IS A HUMAN RIGHT

SIG Education carried an educational seminar on 28th July 2018 at the ACC Auditorium Penang Hospital entitled 'Nurses a Voice to Lead - Health Is A Human Right'. The seminar highlighted our interest in bringing together a collection of voices to enlighten the participants how to make health an important aspect of their life and as their right. The invited speakers brought ideas together in a simple and practical manner. The speaker from the Human Rights Commission of Malaysia (SUHAKAM) promoted awareness and provided insight related to health as human right and how it affects or supports the nurses.

There were 216 nurses from private and public sectors attending this seminar and it was a successful event.



56TH NATIONAL WOMEN'S DAY CONFERENCE

National Women's Day 2018 with the theme 'Inspiring hope, Driving the Vision' celebrated on 24 August 2018 at Dewan Perdana Felda, Jalan Maktab Kuala Lumpur. The National Council of Women's Organization (NCWO) hosted the event. Looking back into history, former Prime Minister Almarhum Tunku Abdul Rahman initiated the idea of celebrating Women's Day prior to National Day (Kita raikan wanita dulu sebelum kita menyambut hari Merdeka). It was then fixed as 25th August.

Welcoming speech was by Presiden of NCWO, Prof Emrita Tan Sri Dr Sharipah Hapsah Syed Hasan Shahabudin. In her speech, Tan Sri highlighted how NCWO fights for women's right and gender equality. The criterion is important in achieving the Sustainable Development Goals and in the International platform on Convention on the Elimination of all forms of Discrimination Against Women (CEDAW) and Convention on the Rights of the Child (CRC).

Following the welcoming speech, the hall was then applauded with YB Zuraida Kamaruddin, Minister of Housing and Local Government taking the stand. YB emphasized on the new opportunities for women at the Local Government Level. Other speakers for the day were Dr Sharipah Syahirah and YBhg Prof Dato' Dr Asma Ismail.

Highlight of the National Women's Day celebration was the arrival of Deputy Prime Minister Datuk Seri Dr Wan Azizah Dr Wan Ismail and royal entrance of Duli Yang Maha Mulia Raja Permaisuri Perak Darul Ridzuan Tuanku Zara Salim for the Women's Day dinner.



*Save one life, you're a hero.
Save 100 lives, you're a nurse.*

SEMINAR NURSES RIGHTS: LEGAL ASPECTS & LITIGATION IN NURSING

Wilayah Persekutuan Branch organized a seminar on Nurses Rights: Legal Aspect & Litigation in Nursing. The objective of the seminar was to impart knowledge and awareness to nurses regarding Nurses' rights and litigation. It was held on 7 July 2018 at Institut Terjemahan & Buku Malaysia, Wangsa Maju. A total of 148 members and non-members of MNA from various private and public hospital participated in this seminar.

Distinguished speakers were Madam Hajjah Tumble Binti Ngadiran@ Tomblow (Director of Nursing Malaysia), Madam Palani Ammal Sharon (Advocates & Solicitors Palani Ammal & Co) and Dr. Mohamed Faruqi Uzair Bin Mohamed Sidek (Deputy Director Medical Practice Division MOH). It was an active interactive session between the participants and the speakers. Those attended gave a positive remark on the session.



PERSONAL SKILLS AND EFFECTIVE COMMUNICATION

A continuing learning seminar titled Personal Skills and Effective Communication was successfully held on 1st August 2018, at the Tutorial Room 7, School of Medical Sciences USM Health Campus.



A total of 110, MNA HUSM members participated in that program. The guest speaker was Puan Syuhazlina Marini Awang Mat, Assistant Registrar of USM Health Campus. Participants were refreshed on topic of communication such as fundamental of communication, effective communication, barriers and challenges to effective negotiation and conflict resolution. Participants gave a positive feedback at the end of the seminar.

EDUCATIONAL TOUR: MALAYSIAN ANTI-CORRUPTION COMMISSION (MACC)

The Malaysian Nurses Association Perak Branch with its 44 members arranged an educational tour to the MACC Putrajaya on 29 June 2018. The aim was to expose nurses to the roles and responsibilities of MACC. In addition, to strengthen the bonds of fraternity among nurses and MACC staff. Upon arrival, the authority received members warmly. Members received a short briefing on MACC.

The Malaysian Anti-Corruption Commission, abbreviated MACC or SPRM, is a government agency in Malaysia that investigates and prosecutes corruption in the public and private sectors. In 2008, the Parliament and the Government unanimously approved the formation of an independent anti-corruption commission to be known as the Malaysian Anti-Corruption Commission (MACC) and replacing the ACA Act 1982 to the MACC Act. The MACC Act 2009 came to effect on 1 January 2009, which led to the official establishment of the MACC as an independent, transparent and professional body to effectively and efficiently manage the nation's anti-corruption efforts.



OUTREACH PROGRAMME – HEALTH SCREENING

Sarawak Branch carried its fourth community service on 20 July 2018. The team flew to Bintulu then continue the journey to Long Urun, Belaga Sarawak. That place can only be reached by using heavy-duty 4-wheel drive landcruiser. The journey took about 6 hours along a rugged land route. This outreach program aimed to provide Health screening to the rural communities. It included checking of blood pressure, blood glucose monitoring and hair inspection for head lice. Along with that, Clinical Breast Examination was conducted. Treatment for minor ailments were rendered. The team comprised of Medical doctors, dental nurses and 12 MNA members. The activities were carried out from 21 July to 22 July 2018. The team successfully screened a total of 793 people (adult and children). It was a great achievement and paid the endurance undergone.



MNA Sarawak Branch Chairman in action - Screening Counter



Blood Glucose monitoring counter



Local Community lining up to be screened

PROGRAM MENYANTUNI WARGAEMAS

MNA Cawangan Selangor dengan diwakili oleh 19 orang ahli, telah berkunjung ke Rumah al Mawaddah Jalan Kebun Klang bagi mendekati warga emas yang berada di sana pada 4 Ogos 2018. Seramai 40 penghuni rumah tersebut telah turut serta dalam aktiviti yang dijalankan. Diantara aktiviti yang dijalankan semasa kunjungan adalah memberi Pendidikan Kesihatan yang bertajuk 'Diabetic Mellitus' yang telah disampaikan oleh Puan Hayati Mohd Nasir. Sesi tersebut mendapat sambutan yang positif dari penghuni. Ramai diantara mereka yang mengidap Diabetes Mellitus dan menerima rawatan berkala dari hospital telah menunjukkan pelbagai soalan. Persoalan mereka telah dijawab dengan sebaik mungkin dan penghuni berpuashati.



PROGRAM LAWATAN SOSIAL KE KILANG ROTI GARDENIA

Satu lawatan sosial ke Kilang Roti Gardenia telah dikelolakan oleh MNA Cawangan Selangor pada 26 Mei 2018. Objektif lawatan adalah untuk memberi pengetahuan kepada semua peserta tentang sejarah roti di dunia serta bahan-bahan asas yang perlu ada dalam penghasilan roti yang bermutu tinggi. Lawatan itu telah disertai seramai 32 ahli MNA dan juga 18 orang kanak-kanak. Sebelum lawatan satu penerangan secara visual telah diberikan oleh pegawai yang bertugas. Para peserta telah diberitahu bagaimana untuk menjaga keselamatan diri dan sebarang pengambilan gambar di dalam kilang adalah dilarang sama sekali. Semasa lawatan semua telah berpeluang untuk melihat proses pembuatan roti dari mula hingga ke pembungkusan. Pengawasan kebersihan sepanjang proses pembikinan adalah amat ketara. Para peserta telah dibekalkan dengan bag mengandungi roti pembuatan Gardenia sebagai hadiah. Mereka juga berpeluang untuk membeli roti-roti dengan harga yang istimewa. Semua peserta lawatan sangat berpuashati dengan lawatan tersebut.



EXPEDITION TO MOUNT STONG

A team of six ladies and sixteen gentlemen, members of MNA HUSM Branch bravely climbed Mount Stong located at Kelantan Forest Park on 22nd June 2018. The adventurous journey started at 1500 hrs and all climber arrived safely at Baha Camp by 2000 hrs. They overnight at Baha Camp. Unfortunately, due to short of supplies at Baha Camp the climbers had to spend the night in cold due to rain.

Second day all the climbers started their expedition at 0900 hrs with various obstacles and challenges such as raining, craggy rivers, steep slopes, camping in the rain, cold and pain due to minor injuries. At last, they reached the peak of the mountain at 1500 hrs. The pictorial site of the mountain eased away all the pain and aches. After having adequate rest, the team started to descend back to Baha Camp where they rested for the night.

On the third day, the entire climber started the expedition back to the foot of the mountain and reached safely at 1700 hrs.



Photo session prior to expedition



Baha Camp



The cheerful ladies



Happy faces of the climbers



At the top of the mountain



Be careful - descending

PURPLE WALK

The Malaysian Nurses Association Hospital University Sains Malaysia Branch (MNA HUSM) and Health Education Bureau, Nursing Unit of Hospital USM organized a program called Purple Walk. The program was held on the 28 July 2018 (Saturday) aimed at responding to University Sains Malaysia's call for USMFIT. The program held at Mini Stadium Sports Complex 2 University Sains Malaysia (USM) Kubang Kerian Health Campus. YBhg. Prof. Madya Dato' Dr. Abdul Rahman Izaini Ghani, Coordinator Cooperate Unit, Hospital HUSM flagged off Purple walk at seven in the morning.

A total of 260, MNA HUSM members, HUSM Nurses, nurses' family and others from various department of HUSM gave strong support. Among other activities on that day were aerobics and lucky draw. The program ended at 12 noon.



Datuk Dr. Abd. Rahman officiate the program



Photo session with participants



Still smiling at 2.2 kilometer



Participants taking part in aerobic



Lucky draw winner

MNA COUNCIL MEMBERS 2018 – 2019

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