



MNA Bulletin

THE OFFICIAL PUBLICATION OF MALAYSIAN NURSES ASSOCIATION

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Vision

The Malaysian Nurses Association is the association of choice for all registered nurses in promoting and maintaining the honour, interest and the advancement of nursing as a profession.

Mission

Aims to become the premier association for Malaysian nurses dedicated to:

- i. Develop and promote high standards of nursing education, practice and research.*
- ii. Uphold the image of nursing.*
- iii. Abide by the professional ethics.*
- iv. Be the centre of national and international nursing networking.*
- v. Implement and collaborate with other organizations for health promotion.*
- vi. Express its opinion and to acquaint the government and other bodies with the policies and aspirations of the nursing profession.*
- vii. Promote professional, social, cultural and charitable activities.*

PRESIDENT'S MESSAGE



Assalamualaikum and Salam Sejahtera to all members of Malaysian Nurses Association (MNA).

This is the last issue of the MNA Bulletin for 2017 (September to

December). The Malaysian Nurses Association (MNA) was seen to continue upholding the nursing agenda on behalf of Malaysian nurses, thus represented Malaysian nurses at international events as well as local events. This is MNA's mission in spearheading its role within the nursing fraternity.

As such, on the 2nd of November 2017, MNA's representatives attended a meeting to discuss the planning and final decisions on the upcoming 6th ASIORNA Conference in Adelaide, Australia scheduled on the 23rd to 26th May 2018. The meeting was held at MVL Hotel, DAISY Room, Ilsan, Korea. Perioperative nurses from all member countries are encouraged to attend and contribute to this great 2018 international ACORN & ASIORNA Conference. MNA is happy to announce that the 2019 Annual ASIORNA BOARD meeting and 10th Anniversary of ASIORNA will be hosted by MNA in Malaysia.

Earlier on the 22nd of October 2017, a seminar entitled #CYBERSAFE: 'Keep Our Women & Children CyberSAFE' was held at The Royale Chulan Hotel. The National Council of Woman Organisation, Malaysia (NCWO) organised the event and MNA was invited due to its affiliation as a member of NCWO. The seminar focused on security awareness in fighting against cyber-crimes towards women and children.

Other activities were organized by local branches to strengthen community bonds and improving MNA member's competencies. Notably being a short course, Diabetes & Chronic Kidney Disease (CKD) in Penang; Post Traumatic Disorder (PTSD) seminar held in Wisma Jururawat and the 'Majlis Sanjungan Budi Lambaian Kasih', a tribute to Puan Rosena binti Abdul Ghani as Director of Nursing at Hotel Berjaya Times Square.

Lastly I would like to take this opportunity to thank all Branches & SIGs for contributing their reports / articles and to SIG Journal Club for taking the lead to publish the MNA Bulletins

"Coming together is a Beginning, Keeping Together is a Progress, Working Together is a Success"

WELL DONE ALL!

Thank you.

Sharipah Asiah Syed Junid AlJunid

JOURNAL CLUB CHAIRMAN'S MESSAGE



Assalamualaikum and Salam Sejahtera

This is the last Bulletin for 2017. On behalf of SIG Journal Club, I would like to humbly seek member's forgiveness for any mishap during our tenancy as editor of MNA Bulletin since 2013.

Starting 2018, the management of Bulletin will be passing to Vice President Education as it should be. SIG Journal Club will always support by sending articles for each issue.

As I wrote earlier in my two previous messages, MNA is always open to any suggestions from members as to improve the input of our MNA Bulletin. Please log in at MNA official Website, mna.org.my to assess the bulletin.

Thank You.

Fatimah Binti Alias

CELEBRATING NATIONAL WOMEN'S DAY 2017

The National Women's day 2017 and Global women's trade summit programme Transformation Nasional 2050 (TN50) was organized by Ministry of Women, Family and Community Development (IWFCI). It was held on 4th September 2017 at Berjaya Times Square Hotel. This year theme is Women's changing the global economy. Deputy President Puan Asiah Binti Supaat, Puan L. Yohgasundry Letchumanan Vice President (Education) and Datin Seri Raja Tijah from MNAWP branch presenting MNA participated the celebration.



The Opening speech for National's Women Day 2017 was by YAB Dato' Sri Mohd Najib Tun Abdul Razak, Prime Minister. The audience were fascinated with presentation of ASEAN, E- Commerce and Digital World by YB Dato' Sri Mustapha bin Mohamed Minister of International Trade and Industry Malaysia and TN50 Dialogue session interaction Transformasi Nasional 2050 (TN50) with YAB Dato' Sri Mohd Najib Tun Abdul Razak. The session were we packed with active discussions among the participants on various issues such economy gender gap, lack of female role models, lack of work-life balance, men and women in labor force and leadership

SEMINAR #CYBERSAFE AT THE ROYALE CHULAN, KUALA LUMPUR

Seminar CyberSAFE with a theme 'keep our women & Children CyberSAFE, security awareness for everyone was organised on 22 October 2017 by National Council of Woman Organisation, Malaysia (NCWO). The Malaysian Nurses association was not left behind from joining this important event because MNA is affiliated members of NCWO. President of Malaysia Nurses Association, Pn. Sharipah Asiah Syed Junid Al Junid, Pn Asiah Supaat and Pn Fatimah Alias representing MNA Head Quarters, members from branches and Special Interest Group (SIG) were among the 500 participants attended the important event.

The Seminar provides the information, resources and solution of security for the digital citizen in Malaysia especially to targeted group...women and children.



THE 18TH ASIAN WORKFORCE FORUM (AWFF) & THE 14TH ALLIANCE OF ASIAN NURSES' ASSOCIATIONS (AANA) MEETING ON 14TH - 16TH NOVEMBER 2017 AT GRAND HOTEL TAIPEI, TAIWAN

The 18th Asian Workforce Forum (AWFF) and The 14th Alliance of Asian Nurses' Associations (AANA) Meeting was held on 14th - 16th November 2017 at Grand Hotel Taipei, Taiwan. It was attended by Nurse Leaders from ten Asian national nursing associations (NNAs) namely China, Hong Kong, Indonesia, Japan, Korea, Macau, Malaysia, Philippines, Taiwan and Thailand.

Malaysian Nurses Association was represented by 4 delegates namely the President, Puan Sharipah Asiah Syed Junid Aljunid, Puan Zamrudah Mohd Ismail (Vice President Service) Puan Sa-Reah Wahet (Chairman Sarawak -) and Puan Aini Abd. Rani (Chairman Terengganu)

The Forum addressed challenges faced by nursing in the region and it provided a platform for nurse leaders to share ideas and experiences related to socio-economic, welfare and nursing issues in the region. Issues addressed focused primarily on the recurrent staff shortage, including unsafe working conditions, high turnover rates and low wages, and the absence of standards of education and recognition.



DELEGATES OF THE FORUM AND MEETING



MALAYSIAN NURSES ASSOCIATION

THE 14TH ALLIANCE OF ASIAN NURSES' ASSOCIATIONS (AANA) MEETING

The Taiwan Nurses Association (TWNA) hosted the forum, held 14-15 November 2017, and co-chaired the two-day meeting in partnership with ICN. The 2 days forum ended on 16th November, which was then followed by the 14th AANA meeting hosted by Taiwan Nurses Association. The theme of the meeting: - Continuing Education - From Novice to Expert.

The discussions were on The Development of nursing education; Basic and advanced nursing education and Continuing Education - From Novice to Expert, The Challenges of Nursing education and Governmental efforts and the role of NNAs in promoting nursing professional education. Each NNA was given a 5 minutes slot for presentation on the above topic. During the presentation we learned that many countries in this region practiced the renewal of Annual Practicing Certificate within the 3-5 years' interval. It will be good for Malaysian nurses to emulate this instead of the current annual practice. The 2018 ICN AWFF and AANA meeting to be held in Hong Kong with the priority issue on Nursing Policy: Legal Protection of Nursing Practices and Nursing Education



PRESENTATION BY MNA PRESIDENT



ACTIVE DISCUSSION AMONG THE DELEGATES



TOKEN OF APPRECIATION FROM TWNA TO MNA



MNA DELEGATES WITH THEIR CERTIFICATES RECEIVED FROM TWNA PRESIDENT

TRIBUTE TO PN HJH ROSENA BINTI ABDUL GHANI MALAYSIAN DIRECTOR OF NURSING (DON), MOH

On 10 November 2017, Members of Malaysian Nurses Association (MNA) are the among 1000 nurses participated in the 'Majlis Sanjungan Budi Lambaian Kasih' at Hotel berjaya Times Square, Kuala Lumpur. This is a tribute to Pn Rosena binti Abdul Ghani as Director of Nursing. The event was also attended by YBhg Dato' Seri Dr Hilmi bin Hj. Yahaya. MNA participation in the tribute shows that the association is always worked hand in hand with Nursing Division to uphold the Nursing profession.



FOUNDATION AND COMMUNICATIVE ENGLISH FOR ADULT COURSE AND PUBLIC SPEAKING

The English language 1 Malaysia 2017 Class was initiated by Ms Margaret Puyang and Ms Nyuhen from the Sarawak Heart Center. The main objective was to build confidence and the standard of English among nurses thus will enhance good nursing documentation which will uplift the professional image through this language proficiency. This activity was held from 9th August until 31st October 2017 at Sarawak Heart Centre Kuching, comprising of Foundation and Communicative English for Adult Course and Public Speaking. There were four external facilitators and 130 nurses participated in the activity.



PROGRAM MARHABA, PEDULI RAKYAT

This community service was held on 12th December 2017 at Beseri Perlis. About 25 members take part in the event. The main objective of these programs to educate family, woman's and all villagers about health promotion such as Pap Smear, blood pressure, hypertension, and diabetic.

MNA also open booth for prelove clothes and food stall. The community service activities had received good response from 150 participants included from MNA members and villagers.



TOYS CHARITY CAMPAIGN

The campaign was begin from June to August 2017 with aimed to collect used toys and then distributed to unfortunate children. It was organized by MNA HUSM Branch. Only the toys in good condition were selected and delivered to Assoc. Prof. Dr Salwani the Head of Department and also the chairman of Persatuan Kanak-kanak Hospital USM (PEKA). It was a great opportunity for nurses at HUSM to bring another joy to sick children...congratulation.



2017 SPECIAL ASIORNA BOARD MEETING & KAORN ANNUAL CONFERENCE

ASIORNA BOARD MEETING, IISAN, KOREA

This special meeting was on 2nd November 2017 at MVL Hotel, DAISY Room, IIsan, Korea. The ASIORNA President, Vice President, Board Advisor and Board members from Korea, Malaysia, Thailand, Singapore and Australia met to discuss the planning and made a final decision of the coming 6th ASIORNA Conference in Adelaide, South Australia on 23rd to 26th May 2018. ALL board members are to encourage perioperative nurses in their respective countries to participate in this great 2018 international ACORN & ASIORNA Conference.

Also the following matters were confirmed at the meeting that for 2019 Annual ASIORNA BOARD meeting and 10th Anniversary of ASIORNA will be host by Malaysia and for year 2020 the 7th ASIORNA Conference we be held in Beijing, China.

All ASIORNA board members were then a guest of honour at KAORN Annual Conference celebrating their 30th Anniversary with 1,200 local and International participants.



SHORT COURSE: DIABETES & CHRONIC KIDNEY DISEASE (CKD)



The course was held on 15 October 2017. MNA SIG Renal collaborated with UMMC Nephrology Unit and Malaysian Diabetes Educator Society organised the course at Eastin Hotel, Penang. About 81 nurses from government, teaching and private hospital attended the one day course. The topics discussed including overview of CKD: diagnosing and staging, Roles of nurses in management of CKD and CKD treatment and complication. Overall the participants agree that the objective was met and have suggested MNA to organise more Short Course related to current practice in future.



EDUCATIONAL VISIT TO BANK NEGARA MALAYSIA MUSEUM & ART GALLERY, KUALA LUMPUR



About 20 SIG Journal Club members have visited Bank Negara Malaysia Museum & Art Gallery, Kuala Lumpur on 22 December 2017. Pn Fatimah, the SIG Journal Club Chairman led the groups to destination. They were caught by surprise because they had to pass by a strict security before they could enter the Museum. But they were so thankful with the warm welcoming by the museum staff. Tour information was given by En Hafizan, the officer on duty. The tour allows the groups to continue engaging, exchanging thought and ideas, sharing experiences and collaborating in a pleasant and comfortable setting.



MINSIG PARTICIPATED EVENT



The seminar #CYBERSAFE: 'Keep Our Women & Children #cyberSAFE was held on 22 October 2017 at The Royale Chulan, Kuala Lumpur, which was attended by more than 500 participants. YABhg. Datin Paduka Seri Rosmah Mansor, wife of Prime Minister officiated the event. The seminar was organized by National Council for Women Organizations (NCWO). A team from MINSIG; Zurina Mohamad Saleh, Fatimah Alias, Jagjit Kaur, Rekha Wesley Christopherson, Teoh Koi Hong & Zamri Shahri together with Pn. Sharipah Asiah Syed Junid Al Junid, President of Malaysia Nurses Association (MNA) were among the huge crowds.

The Seminar was focusing on security awareness in fighting against cyber-crimes towards women and children.

SEMINAR POST TRAUMATIC DISORDER (PTSD)

Pada 14 hb Oktober 2017, satu seminar bertajuk **Post Traumatic Disorder (PTSD)** anjuran SIG Mental Health telah diadakan bertempat di Wisma Jururawat dari jam 8 pagi hingga 5 petang. Kehadiran peserta adalah seramai 104 orang yang mana adalah terdiri daripada jururawat dari seluruh Malaysia.



Penceramah Dr Siti Nordiana binti Dolah, Ketua Jabatan Psikiatri Hospital Tuanku Mizan dengan tajuk **"What is PTSD?"**. Para peserta menunjukkan minat dalam ceramah yang disampaikan dengan mengajukan pelbagai soalan berkaitan PTSD. Ceramah kedua yang bertajuk **"Sexual Crimes Law"** telah disampaikan oleh DSP Saroja Egamparam daripada Unit Siasatan Jenayah Bukit Aman. Banyak pendedahan yang diberikan oleh penceramah berkaitan dengan undang-undang di Malaysia. Mengakhiri seminar pada petang itu adalah ceramah dan role play dari Materan Norwaheda binti Baharudin dari Hospital Canselor Tuanku Muhriz yang bertajuk **"The Role of Health Personnel Against PTSD Victim"**. Para peserta mengambil bahagian dalam role play tersebut.

MNA COUNCIL MEMBERS 2017 - 2018

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