



# MNA Bulletin

THE OFFICIAL PUBLICATION OF MALAYSIAN NURSES ASSOCIATION

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### The Vision of Malaysian Nurses Association

*Our vision is to be the association of choice for all registered nurses in Malaysia in promoting and maintaining the honor, interest and advancement of nursing as a profession.*

### The Mission of Malaysian Nurses Association

*In line with our vision is to become the premier association of Malaysian nurses.*

## President's Message



**Dr. Dame Hjh Ramziah Hj Ahmad**

It is indeed a great honour to be re-elected as President for another term. My sincere thanks to the members who had voted for me! I have plans this term especially in the area of continuing education. With the ever changing demands of the health care industry, there is a need for us to upgrade our knowledge and skills. Having moved to the current headquarters there is ample place for us to conduct trainings for small groups of nurses. I planned to have several structured courses towards building clinical and leadership skills of nurses.

This year's International Nurses Day theme "Closing the Gap – From Evidence to Action" is indeed appropriate and timely. We need to give cost-effective quality care to our clients. This can only be done through evidence-based interventions. I am looking forward to seeing our nurses using evidence to address issues and challenges that nursing is facing especially in the area of policy formulation to enhance the contribution made by nurses in Malaysia.

## HUSM Branch Chairman's Message

*Bismillahirrahmanirrahim.*

*Assalamualaikum Warahmatu Allah hi Wabarakatuh (W.b.t.) & Salam 1Malaysia*



**Pn. Hjh. Chik Hussin  
Chairman, MNA HUSM  
Branch**

I would like to thank my committee and all the nurses for their vision and contributions towards improving the Branch. MNA HUSM Branch now has its own website and blog. I would like to thank Dr. Soon Lean Keng and her task-force for their invaluable contribution in developing the website and blog. Log in to our website [www.mnahusm.kk.usm](http://www.mnahusm.kk.usm). my for news of our activities.

I believe that every contribution the nurses make will help to improve the nursing profession. I sincerely hope that each one of you will come forward to contribute and support MNA.

*Wabillahitaufik Walhidayah Wassallamualaikum and thank you.*

# Message from the Editor



The year 2012 marked the most exciting and challenging moment for HUSM Branch when we were entrusted to be in charge of this issue.

As professional nurses we need to uphold our values to improve and promote the advancement of nursing practice. I strongly believe that with formal mechanisms for effective communication and constructive involvement in decision making, nurses will have the control, autonomy and authority to bring about changes. Advocating on issues of importance to nursing is one of the most effective ways to have your voice heard. Change does not occur unless the nurses speak up to support vital issues and being part of this dynamic organisation. I call upon all nurses to come forward and speak up for the profession through MNA.

Best Wishes  
Dr. Soon Lean Ken

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## Highlights of International Nurses Day 2012

### “Closing the Gap – From Evidence to Action”

This year, MNA Executive Council had organised various activities to mark International Nurses Day 2012. As in the past, International Nurses Council in Geneva comes out with the theme in honour and respect of Florence Nightingale. This year the theme is “Closing the Gap – From Evidence to Action”. There are volumes of literature of what can be done to improve client care. However, all the evidences in paper does not do justice to the profession unless it is implemented and evaluated. Positive outcomes especially when giving nursing care will enhance the image of nursing.

The following activities were organised and successfully projected to the nurses and the public in general.

1. Health Camp at Sekolah Kebangsaan Seksyen 6, Kota Damansara on May 6th 2012 in conjunction with the International Nurses Day celebration 2012.
2. International Nurses Day Celebrations at Shah Alam Convention Centre on May 12th 2012.
  - a. Awards for Tokoh Jururawat 2012
  - b. Seminar on “Closing the Gap – From Evidence to Action”
  - c. Poster Presentation on evidence-based studies.

Once the Nurses Day activities was officially launched by the Minister of Health Malaysia at the National level, the Branches then undertook various activities to mark the day with their members.



**I am a NURSE.**

**Everyday, every minute I make someone smile, I ease someone's pain, and I make a difference to someone's life.**

**Happy Nurses Day...!!!**

## 1) HEALTH CAMP AT SEKOLAH KEBANGSAAN SEKSYEN 6, KOTA DAMANSARA ON MAY 6TH 2012 IN CONJUNCTION WITH THE INTERNATIONAL NURSES DAY CELEBRATION 2012.

A health camp was held at Sekolah Kebangsaan Seksyen 6, Kota Damansara on May 6th 2012. This event was supported by the Selangor Justice of Peace Council and was launched by YB. Datuk Rosmah Rashid Shirlin, Deputy Minister of Health. Members of MNA provided various health screening to the public for free. In addition there was an exhibition to promote health. It was well received by the public. Kuddos to Datin Meraton, Vice President (Community and Media) for coordinating the event!



## 2) INTERNATIONAL NURSES DAY CELEBRATION AT SHAH ALAM CONVENTION CENTRE ON MAY 12TH 2012.

International Nurses Day is officially gazetted in Malaysia. Nurses in Malaysia are proud that the government has given such recognition to the nursing profession. This year's event was especially significant as the Prime Minister of Malaysia Datuk Seri Najib Abdul Razak had sent his greetings through an enormous card. The event was graced by the Minister of Health Malaysia, YB Datuk Seri Liow Tiong Lai and other very important people from his Ministry. The Minister gave his speech and launched the nationwide event. This was followed by the presentation of the *Tokoh Jururawat* awards to Zainooriah Bt. Dato' Hj Zakaria (Community), Hjh Fatimah Supiah Bt. Hj Otet (Service) and Aminuddin Bin Hj Mohd Nafis Shukri (Education).

After the official opening and tea, the nurses participated in the seminar on the theme "Closing the Gap – From Evidence to Action". Keynote on the theme was delivered by Associate Professor. Dr. Wilawan Pichensathian from Chiang Mai University, Thailand and Director of the Thailand Centre for Evidence Based Nursing and Midwifery. This was followed by a presentation on "Nurse Sensitive Outcome Indicators" by Dr. Shirley Bach, Head of Nursing and Midwifery, University of Brighton, UK. In the afternoon, a forum on "Evidence Based Nursing Interventions: Challenges Faced in the Implementation" was chaired by Adjunct Professor Siti Rabikhatun Dato Mohd Zain. The members of the forum were Associate Prof. Dr. Khatijah Lim Abdullah, University Malaya, Matron Sin Lian Thye, Ministry of Health Malaysia and Associate Prof. Jeya Devi Coomarasamy, UCSI University.



YB Datuk Seri Liow mingling with the nurses



Greeting Card from Prime Minister of Malaysia



Masters of Ceremony



Choir

This year for the first time there was also poster presentations on evidence-based studies by the nurses.

## A. AWARDS FOR TOKOH JURURAWAT 2012



**Ms Zainooriah Bt Dato' Hj Zakaria**

Zainooriah Bt. Dato' Hj Zakariah, retired as Deputy Director of Nursing and Secretary of Malaysian Nursing Board in 2011. She is also an ex-officio member of the Midwives Board Malaysia from 2005 till April 2011. Zainooriah is also an active member of MNA and was the past chairman for the SIG Public Health.



**Ms Hjh Fatimah Supiah Bt Hj Otet**

Hjh Fatimah Supiah Bt Hj Otet joined nursing in 1974 and had served Ministry of Health Malaysia for 37 years. She was the first nurse to be appointed as the Director of Hospital Lundu, Sarawak in 2008. Hjh Fatimah is an active member of MNA and was the Chairman of Sarawak Branch from 1998 to 2004.



**Mr. Aminuddin B. Hj Mohd Nafis Shukri**

Aminuddin Bin Hj Mohd Nafis Shukri joined nursing in 1959 as a student nurse. A former nursing tutor, he has served more than 35 years with Ministry of Health Malaysia. An active member of MNA, he is the current Chairman of SIG Golden Evergreen.

## B. SEMINAR “CLOSING THE GAP – FROM EVIDENCE TO ACTION”



**Keynote Speaker: Associate Professor. Dr. Wilawan Picheansathian**

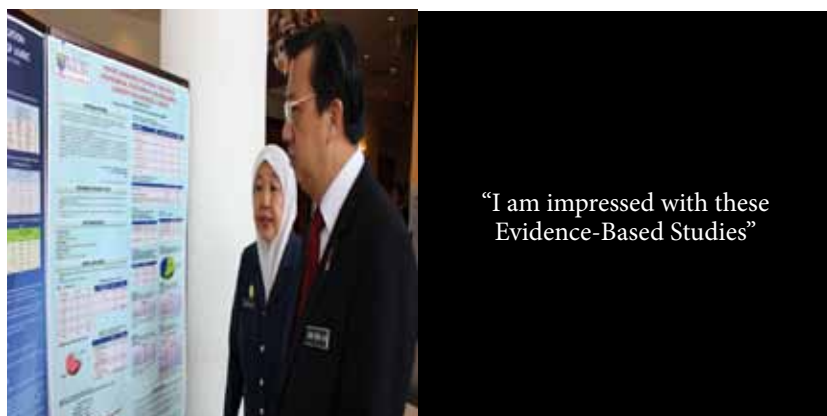


**Guest Speaker: Dr. Shirley Bach**



**Forum: Closing the Gap – From Evidence to Action**

## C. POSTER PRESENTATION ON EVIDENCE-BASED STUDIES



“I am impressed with these Evidence-Based Studies”

# Insertion and Management of Periphera Intravenous Cannulae by Registered Nurses

It was a happy moment for the first group of Registered Nurses who had successfully completed the theoretical and practical component of the intravenous cannulation programme in September 2011. They received their certificate of competency for two years from the President of MNA, Dame Ramziah Hj Ahmad on 12 May 2012 during the national level International Nurses Day Ceremony at Shah Alam. Only a few of the nurses were able to come on stage to receive their certificates and badges. Congratulations to the first batch of nurses who are now competent to do cannulation on adult patients!



# Report on ICN/NNA and Fourth Triad Meeting Geneva 16 – 19 May 2012

The President and Deputy President represented MNA at the ICN/NNA and the Fourth Triad Meeting in Geneva. This meeting was attended by 86 member countries. Also present were 8 observer countries. The focus of the NNA meeting was on the roles of Regulations and Credentialing in addressing non-communicable diseases.

On the first day (16.5.12) Uganda presented a paper on entry level competencies and education to address non-communicable diseases and the role of the regulator's. This was followed by Taiwan who highlighted the contributions of Advanced Practice Nurses in addressing non-communicable diseases and the implications to regulators.

On the second day (17.5.12), discussions and deliberations were on "Implications of Globalization, Mutual Recognition and Trade Agreements for Regulations and Credentialing." This was followed by papers from the following countries.

- Portugal – What are the regulatory implications of the review of directive 2005/36/EC in the European Union?
- Bahamas – The benefits and challenges for regulations and mobility of professionals with respect to trade agreements – the Caribbean Experience.
- Australia - Global competence and education standards that are locally responsive and achievable – Is this possible?

On the 17th afternoon David Benton, CEO of ICN updated the members on the activities of ICN. Agneta S. Bridges then took over to update members with regards to activities by ICM.

On 18<sup>th</sup> and 19<sup>th</sup> May the role of nurses in promoting non-communicable diseases was deliberated at length and it was agreed that nurses should take an active role in programmes related to non-communicable diseases. The Triad Communique was drafted based on the discussions.



With Ms. Rosemary Bryan, President ICN and Mr. David Benton, CEO ICN.

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## Leadership Training Workshop Royale Bintang Hotel, Kuala Lumpur 6 – 8 July 2012

A leadership workshop was held for MNA Branch and SIG office bearers. The aim was to discuss and deliberate about new challenges and how to develop a new brand of futuristic leaders. In addition, new office bearers were formerly introduced to the dos and don'ts of their roles as chairman, vice chairman, secretary and treasurer. The workshop was well received by the 108 members.

# HUSM Branch Activities

MNA HUSM Branch had several activities under the capable leadership of various members.



## EDUCATION AND RESEARCH

Ms. Ng Kam Mey led the Education and Research team to provide the needed guidance in education and research. A one-day research workshop was held on 24 June 2012 in the Auditorium Nuclear. The topics presented included Introduction to Nursing Research, Importance of Doing Nursing Research, Research Designs and Questionnaires and Problems Faced by Graduate Nurses in Academic Writing. The invited speakers were Dr. Soon Lean Keng, Ms. Jayah K Pubalan and Ms. Margaret Bowden, a free-lance editor from the School of Nursing and Midwifery, Flinders University, Australia.

## SOCIAL, SPORTS AND RECREATION

Under the leadership of Puan Sharidah Shaari, the team for Social, Sports and Recreation had been very active. Among the activities organised was a charity ride with Kelantan K3 Riders, friendly futsal matches between HUSM Branch Futsal Team with Langkawi FC team and KPJ Kuantan FC team, a bowling tournament, a visit to a home of a patient to donate a hospital bed and other required items, a blood donation campaign and an annual dinner.



Charity ride with Kelantan K3 Riders



Visit to a Patient's Home



MNA HUSM Dinner: Arrival of VIP



Visit to a Patient's Home



Friendly match between MNA HUSM Branch Futsal Team, Ners FC with Langkawi FC team and KPJ Kuantan FC team.



Social Visit to Hospital Langkawi in Kedah



Blood donation drive by MNA HUSM members



## Conferment of Awards

Congratulations to Puan Mariam Madhar Ali, Deputy President, MNA for receiving national and state awards. She received her AMN from the King and Ahli Setia Negri Sembilan from the Ruler of Negri Sembilan.

### CHAIRMAN OF THE BRANCHES (2012)

- Puan Malini Dato Ali (Perlis)
- Puan Lailatul Hanum (Kedah)
- Puan Mahinder Kaur (Penang)
- Cik Hjh. Zamzuri Abd. Rashid (Perak)
- Puan Kamariah Ismail (Selangor)
- Puan Sabariah Salleh (Wilayah PKL)
- Puan Norfazilah Tambi (IJN)
- Puan Yap Chiew Lan (Melaka)
- Puan Radziah Idris (Negeri Sembilan)
- Puan Jothy Letchumy (SJMJC)
- Puan Tijah Doman (Johor)
- Puan Zaidah Abu Bakar (Terengganu)
- Puan Jamai'ah Alang Abd. Rais (Pahang)
- Puan Zainon Che Ngah (Kelantan)
- Puan Cheng Siew Ting (PPUM)
- Puan Hjh. Cik Hussin (HUSM)
- Puan Fu Choon Kee (Sarawak)
- Puan Roslina Rasip (PPUKM)

### Editorial Board MNA HUSM Branch

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|---|---|
| <b>Advisor I</b><br>Ms. Hjh Chik Hussin       | <b>Assistant Editor</b><br>Pn. Rahimah Mohd Anshari                                   |
| <b>Advisor II</b><br>Ms. Raudzah Mohd Ariffin | <b>Members</b><br>Mr. Md Fadhil Mat Amin<br>Mr. Darul Firdaus<br>Mr. Hazwan Zulyadain |
| <b>Chief Editor</b><br>Dr. Soon Lean Keng     |   |

### MNA Executive Council 2012

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|--|--|
| Dame Hajjah Ramziah Haji Ahmad<br><i>(President)</i>                       | Datin Meraton Hasim<br><i>(Vice President - Community &amp; Media)</i> |
| Pn. Mariam Madhar Ali<br><i>(Deputy President)</i>                         | Pn. Rohani Arshad<br><i>(Hon. Gen. Secretary)</i>                      |
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